# SPRING/ SUMMER 2016 SAVE: DOUBLE ISSUE!

Kent Parks, Recreation & Community Services

# Program Guide

Classes, Sports, Arts & Entertainment, Teen Programs, Adult 50+ Activities





# 2016 SPRING/SUMMER PROGRAM GUIDE



CITY OF KENT

**CITY COUNCIL** 

Jim Berrios

Tina Budell

Brenda Fincher

Bill Bovce, President

**PARKS COMMITTEE** 

Brenda Fincher, Chair:

**ARTS COMMISSION** 

Tina Budell, Dennis Higgins

# Mayor's Message

Thank you for reviewing the 2016 Spring/ Summer guide that has thoughtfully been organized by our outstanding employees to highlight a large variety of activities, education, recreation and community events.

There are year-round exercise classes including yoga, tai chi and aerobics, and even dance classes. Perhaps you enjoy golf, hiking, camping, fishing, mountain or road biking, climbing or boating, we have it all. The Riverbend Golf Complex, a popular municipal course, is an ideal location for those wishing to hit the links.

Again this year, outstanding musical entertainment will be visiting Kent. Scheduled are a variety of free outdoor performances at Lake Meridian and downtown Kent. If cultural arts are more your speed, don't miss the talented professionals lined up for Kent's popular Spotlight Series.

Mayor.....Suzette Cooke

Chief Administrative Officer .... Derek Matheson

You do not want to miss the 9th Annual Music and Art Showcase, Thursday, June 23, 4:30 to 8:00 at the Kent Senior Center, or take in the Summer Art Exhibit June 8 at Centennial Center. Thanks to the Kent Sister City Association, the International Festival returns to Kent on Saturday, June 4, at the ShoWare Center, offering a plethora of stage performances and food from around the world.

With special thanks to the Kent Lions Club. starting June 4, from 9:00 am to 2:00 pm each Saturday through September 24, you can purchase fresh produce and flowers at the Farmers Market at Town Square Plaza, a favorite destination for children, adults and canines where the 61/2-ton granite ball floats on the water.

Summer also brings the long awaited Lake Meridian Splash on Independence Day, followed by Kent Cornucopia Days July 8-10. Please visit KentWA.gov and search for "Parks and Recreation" for even more details, or to download this quide.

With so many activities and events scheduled this Spring and Summer - get out and have

# **City of Kent Parks, Recreation** & Community Services **Mission Statement**

# "Dedicated to Enriching Lives"

We are committed to providing safe and inviting parks and facilities, meaningful and diverse recreational programs, cultural activities and human services.

Our staff is responsive, positive and ethical in their dedication to delivering:

**Personal Benefits** that strengthen self esteem, improve health and promote self sufficiency.

**Social Benefits** that bring families together and unite people within our diverse community.

**Economic Benefits** that welcome new business relocation and expansion which leads to a more productive work force and increased tourism opportunities.

**Environmental Benefits** that protect and preserve natural areas, open space and enhance air and water quality.

#### Statement of Inclusion

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

In using City Park Facilities for any adult or youth community athletic program, as that term is defined in RCW 49.60.500, no group may discriminate in program participation on the basis of sex.

**ADA Access** 

#### Housing & Human Services

**STAFF** 

Manager..... Katherin Johnson

## Parks Planning & Development

Superintendent . . . . . . . . . Hope Gibson

Facilities Superintendent..... Alex Ackley

Superintendent ...... Pete Petersen

#### Parks Maintenance

**DIVISION HEADS** 

Golf Maintenance

Superintendent . . . . . . . . . . Garin Lee

## Recreation & Cultural Services

Superintendent . . . . . Lori Hogan

# **PARKS COMMISSION**

Dennis Higgins

Dana Ralph

Les Thomas

Lynn Bohart, Sharona Chandra, Dan Cox, Bayard DuBois, Jennifer Dye, Tonya Goodwillie, Wendy Johnson, Elena Luna, Susan Machler, Linda Mackintosh, Kathy Morelli, Suzanne Smith, Jen

Meets: 3<sup>rd</sup> Thursday of every month at 5:00 p.m.

Meets: 4<sup>th</sup> Tuesday of every month at 5:30 p.m.

#### **PARKS ADMINISTRATION**

Parks, Recreation & Community Services Director . . . . . Jeff Watling

Annette Bailes, Dan Barrett, Randy Furukawa, Kendrick Glover, Kari Hedrick, Wayne Jensen, RJ Johnson, Zandria Michaud, Jorge Ramos, Jaleen Roberts, Brayden Seims, Megan Stevens, Tye Whitfield, Yuriy Zaremba

Annie Saurwein, Chair Tanda Topps, Vice Chair

## EARLY REGISTRATION

Kent Parks is offering WebReg users the opportunity to register two days earlier than participants faxing, mailing, phoning or walking in their registrations.

Registration using WebReg, webreg. KentWA.gov will begin at 12:01 a.m. on Monday, March 14. Open registration Wednesday, March 16.

To use this system, please have the following ready: Family PIN, Client Number, Class Course Numbers and a Visa or MasterCard For more information, please call (253) 856-5000.



The City of Kent is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-

case basis. For TDD users, call 1-800-833-6388; Telebraille, 1-800-833-6385 and voice, 1-800-833-6384. This service provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

> Programs sponsored in cooperation with the Kent School District.

#### From the cover:

Summer in Kent

# DIRECTORY

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# **Kent Parks, Recreation & Community Services Department**

Adaptive Recreation/Youth & Teen Programs (253) 856-5030
Administration
Cultural Programs
Cultural Program Ticket Sales (253) 856-5051
Event Information (Recorded)
Facilities
Home Repair
Human Services
Kent Commons Offices/Registration
Kent Senior Activity Center (Adults 50+) (253) 856-5150
Maintenance
Planning & Open Space
Sports Rainout Line/Inclement Weather (253) 856-5020
TTY (for hearing impaired) (800) 833-6388
Kent Community Food Bank
Kent Downtown Partnership (253) 813-6976
Kent Meridian Pool
Kent Parks Foundation
<b>Kent Valley Ice Centre</b>
Riverbend Golf Course
Riverbend 18-Hole Course/Tee Time
Reservations/Information
Riverbend Par-3 Course
Riverbend Driving Range/Miniature Golf (253) 859-4000

Notice to our customers: Effective March 21, 2012 a \$1 technology fee is being applied to support systems that provide convenience and efficient service delivery.

# Save the Date

**Spring Demo Golf Day** – Saturday, April 16

National Public Works Day – Thursday, May 19

National Trails Day at Clark Lake – Saturday, June 4

**Spring Dance Recital** – Saturday, June 11

Kent 50 Plus Music & Art Showcase – Thursday, June 23

Fourth of July Splash – Monday, July 4

Kent Cornucopia Days 5k – Saturday, July 9

**Kent Summer Concert Series** – July 13-August 17

# **Connect with Kent**



facebook.com/cityofkent



@cityofkent



You youtube.com/kentTV21

KentWA.gov DriveKent.com KentCodeRed.com **CrimeReports.com** 

# PRESCHOOL PROGRAMS

## **PARENTS**

Preschool classes for ages 3 and up are designed for children only. Please check with your instructor to learn when the parent observation day will be. If you wish to participate with your child, please register for a parent/tot or parent participation class.

# Activities



## INDOOR PARK (10 mos-41/2 yrs)

#### Tuesdays, Wednesdays and Thursdays from 9:30-11:00 a.m.

Come and experience our Indoor Park, a traditional outdoor playground brought inside. On Tuesday, Wednesday and Thursday mornings, play with our toys, balls and playground equipment in a dry and safe environment.

Parents are required to supervise their children at all times (maximum of three children per adult). Cost is \$2 per visit for the first child and \$1 for each additional child, or buy a 10-visit pass for \$15. Call (253) 856-5000 for more information. Tuesday, Wednesday & Thursday - 9:30-11:00am

March 1, 2, 3, 8, 9, 10, 15, 16, 17, 22, 23, 24, 29, 30,31

April 12, 13, 14, 19, 20, 21, 26, 27, 28 May 3, 4, 5, 10, 11, 12

No Indoor Park: April 5-7



## **PLAY TIME PALS**

Enjoy time together singing, learning, getting messy and playing in an inclusive preschool class led by an early childhood specialist. Children will develop friendships with a wide variety of peers, some of whom have special needs.

Ages 2	0-36	montr	١S
50000	Λ.Λ	0	٠.

58009 M	9:00 am-10:30 am	4/4-5/23
SKIP/CTC	C. Staff	8 sess/\$56
58010 Tu	9:00 am-10:30 am	4/5-5/31
SKIP/CTC	C. Staff	9 sess/\$63
58011 W	9:00 am-10:30 am	4/6-5/25
SKIP/CTC	C. Staff	8 sess/\$56
58012 Th	9:00 am-10:30 am	4/7-5/26
SKIP/CTC	C. Staff	8 sess/\$56
58015 W	9:00 am-10:30 am	6/1-7/13
58016 Th	9:00 am-10:30 am	6/2-7/14
SKIP/CTC	C. Staff	7 sess/\$49
58013 M	9:00 am-10:30 am	6/6-7/11
58014 Tu	9:00 am-10:30 am	6/7-7/12
SKIP/CTC	C. Staff	6 sess/\$42
57993 M	9:00 am-10:30 am	7/18-8/29
57994 Tu	9:00 am-10:30 am	7/19-8/30
58841 W	9:00 am-10:30 am	7/20-8/31
58842 Th	9:00 am-10:30 am	7/21-9/1
SKIP/CTC	C. Staff	7 sess/\$49
Ages 24-42 N	lonths	4/4 5/22

57999 M	11:00 am-12:30 pm	4/4-5/23
SKIP/CTC	C. Staff	8 sess/\$56
58000 Tu	11:00 am-12:30 pm	4/5-5/31
SKIP/CTC	C. Staff	9 sess/\$63
58001 W	11:00 am-12:30 pm	4/6-5/25
58003 Th	11:00 am-12:30 pm	4/7-5/26
SKIP/CTC	C. Staff	8 sess/\$56
58006 W	11:00 am-12:30 pm	6/1-7/13
SKIP/CTC	C. Staff	7 sess/\$49
58004 M	11:00 am-12:30 pm	6/6-7/11
SKIP/CTC	C. Staff	6 sess/\$42
58005 Tu	11:00 am-12:30 pm	6/7-7/12
SKIP/CTC	C. Staff	6 sess/\$42
58008 Th	11:00 am-12:30 pm	6/2-7/14
58007 M	11:00 am-12:30 pm	7/18-8/29
57995 Tu	11:00 am-12:30 pm	7/19-8/30
57996 W	11:00 am-12:30 pm	7/20-8/31
57997 Th	11:00 am-12:30 pm	7/21-9/1
SKIP/CTC	C. Staff	7 sess/\$49

#### Spanish Play Group 20-36 months

5/998 Th	1:00 pm-2:30 pm	4//-5/26
SKIP/CTC	C. Staff	8 sess/\$56
57985 Th	1:00 pm-2:30 pm	6/2-7/14
57986 Th	1:00 pm-2:30 pm	7/21-9/1
SKIP/CTC	C. Staff	7 sess/\$49



# LITTLE EXPLORERS WORKSHOPS (Ages 3-5)

Explore, experiment, discover, and play with us! The Witty Scientists will take you from your playground to a witty laboratory! Every week you will wear the 'lab coat' of a different scientist. As a witty chemist, you will make amazing reactions; as a geologist, you will erupt volcanoes; as a physicist, you will play with forces of nature; as an environmentalist you will recreate weather, and as a detective you will decode an Invisible Woman's message. For more information visit www.wittvscientists.com 58017 10:00 am-11:00 am Th

5/5-5/26 58018 Th 10:00 am-11:00 am 58019 Th 10:00 am-11:00 am 6/2-6/23 Kent Commons W. Scientist 4 sess/\$48

# LITTLE MOZART'S MUSIC (Ages 3-8)

Bring out the musician inside your child with this fun program that starts your Little Mozart on their way to learning rhythm, timing, melody and notation. They'll have fun singing and moving, clapping and tapping with Mozart Mouse, Beethoven Bear and Music Friends. A variety of tuned, auxiliary and multicultural percussion instruments will be used during class. New material intorduced every quarter and students progress at their own pace.

1:00 pm-2:00 pm 58020 Tu 4/12-6/14 Kent Commons S. Anderson 10 sess/\$100

# PRESCHOOL/YOUTH PROGRAMS I

# **Movement**GYMNASTICS

Ages 16 months - 3 years

Our Parent & Tot class is the ideal place to have organized, safe fun exploring movement with your child in a gymnastics environment. In the Preschool classes your child will be introduced to basic movement and gymnastics.

58032 Sa	9:00 am-9:45 am	4/2-4/23
58031 Sa	9:00 am-9:45 am	4/30-5/21
58033 Sa	9:00 am-9:45 am	6/4-6/25
58034 Sa	9:00 am-9:45 am	7/9-7/30
58035 Sa	9:00 am-9:45 am	8/6-8/27
<b>Ages 3-5</b> 58036 M 58037 M	5:00 pm-5:45 pm	3/28-4/25
58038 M	6:00 pm-6:45 pm 5:00 pm-5:45 pm	5/2-5/23
58039 M 58040 M	6:00 pm-6:45 pm 5:00 pm-5:45 pm	6/6-6/27
58041 M 58042 M	6:00 pm-6:45 pm 5:00 pm-5:45 pm	7/11-8/1
58043 M 58044 M	6:00 pm-6:45 pm 5:00 pm-5:45 pm	8/8-8/29
58045 M No class 4/4	6:00 pm-6:45 pm	
58046 Tu	5:00 pm-5:45 pm	3/29-4/26
58047 Tu 58048 Tu	6:00 pm-6:45 pm 5:00 pm-5:45 pm	5/3-5/24
58049 Tu 58050 Tu	6:00 pm-6:45 pm 5:00 pm-5:45 pm	5/31-6/21
58051 Tu 58052 Tu 58053 Tu	6:00 pm-6:45 pm 5:00 pm-5:45 pm	6/28-7/26
58054 Tu	6:00 pm-6:45 pm 5:00 pm-5:45 pm	8/2-8/23
58055 Tu No class 4/5, 7	6:00 pm-6:45 pm 7/15	
58056 W 58057 W	3:00 pm-3:45 pm 5:00 pm-5:45 pm	3/30-4/27
58058 W 58059 W 58060 W	6:00 pm-6:45 pm 3:00 pm-3:45 pm 5:00 pm-5:45 pm	5/4-5/25
58061 W 58062 W 58063 W	6:00 pm-6:45 pm 3:00 pm-3:45 pm 5:00 pm-5:45 pm	6/1-6/22
58064 W 58065 W 58066 W	6:00 pm-6:45 pm 3:00 pm-3:45 pm 5:00 pm-5:45 pm	6/29-7/27
58067 W 58068 W 58069 W	6:00 pm-6:45 pm 3:00 pm-3:45 pm 5:00 pm-5:45 pm	8/3-8/24
58085 W No class 4/6,7	6:00 pm-6:45 pm 7/6	
58070 Th 58071 Th	6:00 pm-6:45 pm 5:00 pm-5:45 pm	3/31-4/28 5/5-5/26
58072 Th 58073 Th 58074 Th	6:00 pm-6:45 pm 5:00 pm-5:45 pm	6/2-6/23
58074 Th 58075 Th 58076 Th	6:00 pm-6:45 pm 5:00 pm-5:45 pm 6:00 pm-6:45 pm	6/30-7/28
58077 Th 58078 Th	5:00 pm-5:45 pm 6:00 pm-6:45 pm	8/4-8/25
No class 4/7, 7	7/7	
58079 Sa	10:00 am-10:45 am	4/2-4/23
58080 Sa 58081 Sa 58082 Sa	11:00 am-11:45 am 10:00 am-10:45 am 11:00 am-11:45 am	4/30-5/21
58083 Sa 58084 Sa	10:00 am-10:45 am 11:00 am-11:45 am	6/4-6/25
58844 Sa 58845 Sa	10:00 am-10:45 am 11:00 am-11:45 am	7/9-7/30
58846 Sa 58847 Sa	10:00 am-10:45 am 11:00 am-11:45 am	8/6-8/27
Hart's Gymna		4 sess/\$55

# PARENT/TOT TUMBLING FUN! (18 mos-3 yrs)

Parents and tots will learn basic tumbling skills and participate in simple games and movements.

58108 W 9:30 am-10:15 am 4/6-6/1 Kent Commons M. Murphy-Brown 9 sess/\$59



# TAG ALONG TODDLERS (Ages 1-2 yrs)

Your toddler (must be walking) will cruise with you over and through the obstacle courses, jump on the trampoline, catch bubbles and sing songs in this interactive class. For more information please check our website www.aryalsgym.com.

58086	Tu-Th	10:00 am-10:45 am	4/5-4/28
58087	Tu-Th	10:00 am-10:45 am	5/3-5/26
58088	Tu-Th	10:00 am-10:45 am	6/1-6/28
58089	Tu-Th	10:00 am-10:45 am	7/5-7/28
58090	Tu-Th	10:00 am-10:45 am	8/2-8/25
Gym St	arz	R. Schifano	12 sess/\$55

# TEENY WEENY WIGGLERS (18 mos-3 yrs)

Music, games, songs, parachute play and dance make this a lively and fun class for parents and toddlers.

58091 W	9:30 am-10:15 am	7/6-8/17
Kent Commons	M. Murphy-Brown	7 sess/\$46

# **WIGGLES & GIGGLES (Ages 3-5)**

Shake, rattle, roll, tumble and giggle your way through this fun movement class for preschoolers. Children will learn simple tumbling and dance techniques.

58094 Th	10:15 am-11:00 am	4/7-6/2
Kent Commons	M. Murphy-Brown	9 sess/\$59
58095 Tu	1:00 pm-1:45 pm	7/5-8/16
Kent Commons	M. Murphy-Brown	7 sess/\$49

# Martial Arts TINYTIGERS (Ages 3-4)

An introduction to martial arts; balance, strength and coordination, and safety. Games, balls, obstacle courses and more are used to enhance learning. Parent participation is required.

58021	Tu	4:00 pm-4:45 pm	4/5-4/26
58026	Th	4:00 pm-4:45 pm	4/7-4/28
58022	Tu	4:00 pm-4:45 pm	5/3-5/24
58027	Th	4:00 pm-4:45 pm	5/5-5/26
58028	Th	4:00 pm-4:45 pm	6/2-6/23
58023	Tu	4:00 pm-4:45 pm	6/7-6/28
58024	Tu	4:00 pm-4:45 pm	7/5-7/26
58029	Th	4:00 pm-4:45 pm	7/7-7/28
58025	Tu	4:00 pm-4:45 pm	8/2-8/23
58030	Th	4:00 pm-4:45 pm	8/4-8/25
<b>ACMMA</b>	١	R. Dye	4 sess/\$35

# **Music**PRIVATE PIANO (Age 4-6)

This one-on-one Beginning Piano class uses Alfred's 'Music for Little Mozarts' piano books (level 1-4) and is great for the young musician with no previous piano experience. This class is also for the Continuing Little Mozarts' student (Ages 4-12) who has completed one full quarter and wishes to continue the series. Class covers posture and hand position, technique, musical notation, ear training and performance skills. All required lesson materials are included in the course fee. Optional supplemental materials are available at an additional cost and is payable to the instructor. A digital keyboard will be provided during lessons. A piano or keyboard at home and daily practice of lesson material is highly recommended.

58100 58101 58102 58103 58104 58105	Tu Tu Tu Tu Tu Tu Tu Tu Tu Tu	4:00 pm-4:20 pm 4:20 pm-4:40 pm 4:40 pm-5:00 pm 5:00 pm-5:20 pm 5:20 pm-5:40 pm 5:40 pm-6:00 pm 6:00 pm-6:20 pm 6:20 pm-6:40 pm 6:40 pm-7:00 pm 7:00 pm-7:20 pm	4/12-6/14
Kent Cor		7:00 pm-7:20 pm S. Anderson	10 sess/\$100



# **YOUTH PROGRAMS**

# **Dance**

# BEGINNER IRISH SOFT SHOE (Ages 6-16)

Open to first time & beginner dancers. Students will learn the reel & light jig as well as work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

58122 Tu 4:15 pm-5:00 pm 4/12-6/7 Kent Commons P. Martig 9 sess/\$83

# **IRISH SOFT SHOE I (Ages 7-16)**

Open to dancers who have basic soft shoe skills, reel & light jig. Students will learn the single jig & slip jig and work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

58124 Tu 5:00 pm-5:45 pm 4/12-6/7 Kent Commons P. Martig 9 sess/\$83

**SOFT SHOE I & II COMBINED** 

58125 Tu 4:00 pm-5:00 pm 6/14-7/19 Kent Commons P. Martig 5 sess/\$46 No class 7/5

# IRISH FAST HARD SHOE (Ages 7 - 18)

Open to dancers who are qualified for and enrolled in Irish Soft Shoe II or above and wither new to hard shoe or working on the fast hard shoe rhythm. Students will learn the traditional treble jig, traditional hornpipe & St. Patrick's Day. Wear comfortable clothing, Irish hard shoes required.

Kent Commons	5:45 pm-6:15 pm P. Martig	4/12-6// 9 sess/\$55
58129 Tu Kent Commons No class 7/5	5:00 pm-6:00 pm P. Martig	6/14-7/19 5 sess/\$31

## IRISH SOFT SHOE II (Ages 7-16)

Open to dancers who know all four soft shoe dances. Students will learn novice soft shoe steps & Ceili dances. Wear comfortable clothing, Irish gullies recommended.

58126 Tu 6:15 pm-7:00 pm 4/12-6/7 Kent Commons P. Martig 9 sess/\$83

# ADVANCED HARD SHOE/SOFT SHOE (Ages 7-18)

Open to dancers who have demonstrated proficiency in the traditional hard shoe dances. Students will learn the slow hard shoe dances & advanced traditional set dances. Wear comfortable clothing, Irish hard shoes required.

58130 Tu	7:00 pm-8:30 pm	4/12-6/7
Kent Commons	P. Martig	9 sess/\$66
58131 Tu Kent Commons No class 7/5	6:00 pm-7:30 pm P. Martig	6/14-7/19 5 sess/\$92

# **INTRO TO PRE-BALLET (Ages 3-5)**

This 30-minute class is perfect for the beginning dancer. You will learn simple ballet techniques to lively music. Ballet shoes preferred, but not required. Suggested dress: leotard and tights.

#### Non-Recital class.

58132 M	9:30 am-10:00 am	4/4-6/6
58133 Th	7:00 pm-7:30 pm	4/7-6/2
Kent Commons	M. Murphy-Brown	9 sess/\$36
58738 F	7:00 pm-7:30 pm	4/8-6/3
Kent Commons	M. Murphy-Brown	8 sess/\$32
58745 Th	5:30 pm-6:00 pm	7/7-8/18
Kent Commons	M. Murphy-Brown	7 sess/\$28

## YOUTH PRE-BALLET NON-RECITAL

Young dancers will develop strength and coordination while having fun discovering the joy of dance. Suggested dress: leotards, tights & ballet shoes (qirls-pink, boys-black).

Ages 3-4		
58164 Tu	2:00 pm-2:45 pm	4/5-5/31
58165 W	11:00 am-11:45 am	4/6-6/1
Ages 4-6		
58166 W	10:15 am-11:00 am	4/6-6/1
Kent Commons	M. Murphy-Brown	9 sess/\$59

#### **PRE-BALLET**

Young dancers will develop strength and coordination while having fun discovering the joy of dance. Suggested dress: leotards, tights & ballet shoes (girls - pink, boys - black).

Ages 3-4					
2:00 pm-2:45 pm	7/5-8/16				
4:15 pm-5:00 pm	7/5-8/16				
M. Murphy-Brown	7 sess/\$49				
11:00 am-11:45 am	7/6-8/17				
6:45 pm-7:30 pm	7/6-8/17				
2:00 pm-2:45 pm	7/7-8/18				
9:30 am-10:15 am	7/7-8/18				
M. Murphy-Brown	7 sess/\$46				
9:30 am-10:15 am	7/11-8/15				
M. Murphy-Brown	6 sess/\$39				
	4:15 pm-5:00 pm M. Murphy-Brown 11:00 am-11:45 am 6:45 pm-7:30 pm 2:00 pm-2:45 pm 9:30 am-10:15 am M. Murphy-Brown 9:30 am-10:15 am				

. ,				
<b>Ages 4-6</b> 58144 Tu 58145 W 58146 W 58147 Th Kent Commons	5:30 pm-6:15 pm 10:15 am-11:00 am 2:00 pm-2:45 pm 10:15 am-11:00 am M. Murphy-Brown	7/5-8/16 7/6-8/17 7/6-8/17 7/7-8/18 7 sess/\$46		
58143 M Kent Commons	10:15 am-11:00 am M. Murphy-Brown	7/11-8/15 6 sess/\$39		

## **PRE-BALLET & TAP**

This combination class of ballet and tap includes simple ballet techniques and basic tap shuffles. Pink ballet and black tap shoes required.

Ages 4-6 58162 Th Kent Commons	11:00 am-12:00 pm 4/7-6, M. Murphy-Brown 9 sess/\$6					
58156 W	5:45 pm-6:45 pm	7/6-8/17				
58157 Th	11:00 am-12:00 pm	7/7-8/18				
58158 Th	3:00 pm-4:00 pm	7/7-8/18				
Kent Commons	M. Murphy-Brown	7 sess/\$49				
58155 M	11:00 am-12:00 pm	7/11-8/15				
Kent Commons	M. Murphy-Brown	6 sess/\$42				

## BALLET I & TAP (Ages 6-9)

Beginning ballet & tap class that introduces basic steps. Suggested dress: leotards, tights, pink ballet shoes and black tap shoes.

58111 W 4:45 pm-5:45 pm 7/6-8/17 Kent Commons M. Murphy-Brown 7 sess/\$49

## BALLET II & TAP (Ages 6-10)

Must have one full quarter of Ballet I and tap prior to taking this class.

58109 W 3:45 pm-4:45 pm 7/6-8/17 Kent Commons M. Murphy-Brown 7 sess/\$49

## BALLET I & II (Ages 7-11)

This class is for beginning and continuing level ballet students. Suggested dress: leotards, tights and ballet shoes (qirls-pink, boys-black).

58113 Th 4:00 pm-5:00 pm 7/7-8/18 Kent Commons M. Murphy-Brown 7 sess/\$49

## HIP HOP (Ages 6+)

Learn the basics of beginning level hip hop dance. Class includes warm-up exercises, floor work and dancing to the beat. Wear black ballet shoes.

58120 Th 5:00 pm-6:00 pm 7/7-8/11 Kent Commons S. Giles 6 sess/\$42

## DANCE TEAM I & II (Ages 6-16)

Variety of dance experiences and pom pom routines. Basic combinations of beginning level ballet, jazz, hip-hop and cheerleading. Wear comfortable dance attire and black soft sole dance shoes. **Pom pom fee of \$14 payable to** 

instructor at first class.

58114 Th 6:00 pm-7:00 pm 7/7-8/11 Kent Commons S. Giles 6 sess/\$42

#### **DANCETEAM II (Ages 8-16)**

This class is for participants who have had at least one full quarter of Dance Team I.

58117 Th 7:00 pm-8:00 pm 7/7-8/11 Kent Commons S. Giles 7/7-8/12 6 sess/\$42

# **SPRING DANCE RECITAL**

# Saturday, June 11

All winter dance students will have the opportunity to participate in the Kent Parks Spring Dance Recital on Saturday, June 11. More information will be distributed in class. Participation is optional. Dance costumes must be purchased and range in price from \$40-\$45. Admission tickets for the recital are \$2 for youth and \$4 for adults.

# General

# ENGINEERING WITH LEGOS (Ages 6-10)

Design and build motorized machines, catapults, pyramids, truss and suspension bridges, buildings, and other constructions. Explore concepts in physics, mechanical engineering, structural engineering and architecture while playing with your favorite creations. Hands-on & minds-on class. This camp is not affiliated with Lego Group. Class will take a short break, please bring a snack and water bottle to class.

58849 M-F 9:00 am-12:00 pm 8/22-8/26 Kent Commons 5 sess/\$145

# KIDDIE GOURMET COOKING CAMP

This week long camp will offer your child a fun and exciting learning adventure in cooking and food skills. Includes food, apron, cookbook, storage container and take home food. New recipes every year. Register early - this camp fills fast!

Ages 6-8

58168 M-F 9:00 am-11:00 am 8/8-8/12

 Ages 9-12

 58169
 M-F
 12:00 pm-2:00 pm
 8/8-8/12

 Kent Commons
 J. Reynolds
 5 sess/\$105

## **SAFE AT HOME (Ages 8-12)**

Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, Internet, gun, phone and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

 58170
 Sa
 2:00 pm-4:00 pm
 6/4

 58171
 Sa
 2:00 pm-4:00 pm
 8/27

 Kent Commons
 J. Balls
 1 sess/\$30

# **SUPER SITTERS (Ages 11-16)**

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class.

 58172
 Sa
 9:00 am-2:00 pm
 6/4

 58173
 Sa
 9:00 am-2:00 pm
 8/27

 Kent Commons
 J. Balls
 1 sess/\$60



# **Gymnastics**

# **GIRL'S GYMNASTICS (Ages 6-12)**

At Hart's Gymnastic Center we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest! www. hartsgymnastics.com

		20111	
58189 58190	M M	5:00 pm-5:55 pm 6:00 pm-6:55 pm	3/28-4/25
58191 58192	M M	7:00 pm-7:55 pm 5:00 pm-5:55 pm	5/2-5/23
58193 58194	M	6:00 pm-6:55 pm	3/2 3/23
58195	M	7:00 pm-7:55 pm 5:00 pm-5:55 pm	6/6-6/27
58196 58197	M M	6:00 pm-6:55 pm 7:00 pm-7:55 pm	
58198 58199	M M	5:00 pm-5:55 pm 6:00 pm-6:55 pm	7/11-8/1
58200	M	7:00 pm-7:55 pm	
58201 58202	M M	5:00 pm-5:55 pm 6:00 pm-6:55 pm	8/8-8/29
58203	M	7:00 pm-7:55 pm	
No class 58205	Tu	5:00 pm-5:55 pm	3/29-4/26
58206	Tu	6:00 pm-6:55 pm	
58207 58208	Tu	7:00 pm-7:55 pm 5:00 pm-5:55 pm	5/3-5/24
58209	Tu	7:00 pm-7:55 pm	
58248 58210	Tu Tu	6:00 pm-6:55 pm 5:00 pm-5:55 pm	5/31-6/21
58211	Tu	6:00 pm-6:55 pm	
58212 58213	Tu Tu	7:00 pm-7:55 pm 5:00 pm-5:55 pm	6/28-7/26
58214	Tu	6:00 pm-6:55 pm	0,20 ,,20
58215 58216	Tu Tu	7:00 pm-7:55 pm 5:00 pm-5:55 pm	8/2-8/23
58217	Tu	6:00 pm-6:55 pm	0/2 0/23
58218 No class	Tu 4/5, 7/5	7:00 pm-7:55 pm	
58219	W	5:00 pm-5:55 pm	3/30-4/27
58220 58221	W	6:00 pm-6:55 pm 7:00 pm-7:55 pm	
58222	W	5:00 pm-5:55 pm	5/4-5/25
58223 58224	W	6:00 pm-6:55 pm 7:00 pm-7:55 pm	
58225	W	5:00 pm-5:55 pm	6/1-6/22
58226 58227	W	6:00 pm-6:55 pm 7:00 pm-7:55 pm	
58228	W	5:00 pm-5:55 pm	6/29-7/27
58229 58230	W	6:00 pm-6:55 pm 7:00 pm-7:55 pm	
58231	W	5:00 pm-5:55 pm	8/3-8/24
58232 58233	W	6:00 pm-6:55 pm 7:00 pm-7:55 pm	
	4/6, 7/6		2/21 4/20
58234 58235	Th Th	5:00 pm-5:55 pm 6:00 pm-6:55 pm	3/31-4/28
58236 58237	Th Th	7:00 pm-7:55 pm 5:00 pm-5:55 pm	5/5-5/26
58238	Th	6:00 pm-6:55 pm	3/3-3/20
58239 58240	Th Th	7:00 pm-7:55 pm 5:00 pm-5:55 pm	6/2-6/23
58241	Th	6:00 pm-6:55 pm	0/2-0/23
58242 58243	Th Th	7:00 pm-7:55 pm 5:00 pm-5:55 pm	6/30-7/28
58244	Th	6:00 pm-6:55 pm	0/30-//20
58245 58246	Th Th	7:00 pm-7:55 pm 5:00 pm-5:55 pm	8/4-8/25
58247	Th	6:00 pm-6:55 pm	0/4-0/23
58974 No class	Th 4/7, 7/7	7:00 pm-7:55 pm	
58975	Sa	10:00 am-10:55 am	4/2-4/23
58976 58977	Sa Sa	11:00 am-11:55 am 10:00 am-10:55 am	4/30-5/21
58978	Sa	11:00 am-11:55 am	
58979 58980	Sa Sa	10:00 am-10:55 am 11:00 am-11:55 am	6/4-6/25
58981	Sa	10:00 am-10:55 am	7/9-7/30
58982 58983	Sa Sa	11:00 am-11:55 am 10:00 am-10:55 am	8/6-8/27
E0004	Ca	11.00 am 11.EE am	

11:00 am-11:55 am

H. Staff

4 sess/\$62

# **BOY'S GYMNASTICS (Ages 6-12)**

Learn skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

58179 58180 58181 58182 58183 No clas	M M M M M s 4/4	5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm	3/28-4/25 5/2-5/23 6/6-6/27 7/11-8/1 8/8-8/29
58184 58185 58186 58187 58188 No clas	Tu Tu Tu Tu Tu s 4/5, 7/5	6:00 pm-6:55 pm 6:00 pm-6:55 pm 6:00 pm-6:55 pm 6:00 pm-6:55 pm 6:00 pm-6:55 pm	3/29-4/26 5/3-5/24 5/31-6/21 6/28-7/26 8/2-8/23
	Th Th Th Th Th Symnastics s 4/6, 7/6	5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:00 pm-5:55 pm 5:01 center H. Staff	3/31-4/28 5/5-5/26 6/2-6/23 6/30-7/28 8/4-8/25 4 sess/\$62

# **GYMNASTICS CAMP (Ages 6-13)**

Learn and improve your gymnastic skills on the Olympic events, you will jump on our 40-foot trampoline, fly into the loose foam pit, do crafts, and more! Snack and supplies provided, bring a sack lunch and water bottle. Please call the Kent Commons to register using the family discount.

58249	M-F	8:00 am-3:00 pr	n 6	/27-7/1
58250	M-F	8:00 am-3:00 pr	n 7/	18-7/22
58251	M-F	8:00 am-3:00 pr	n 8	/8-8/12
Hart's Gy	mnastics	Staff	5 se	ss/\$150
,			2 childre	n/\$250
			3 childre	n/\$325

# SPRING GYMNASTICS CAMP (Ages 6-13)

Crafts, Wacky World inflatable, obstacle courses, event gymnastics training and lots of fun are all included. Please bring a water bottle and sack lunch.

58252 IVI-VV	8:00 am	-3:00 pm	4/4-4/6
Hart's Gymnastics	Center	H. Staff	3 sess/\$100
		2 c	hildren/\$175
		3 c	hildren/\$225

Hart's Gymnastics Center

58984

# **YOUTH PROGRAMS**

# Martial Arts BEGINNING KARATE FOR HOMESCHOOLERS

Learn the fundamentals with an emphasis on developing balance, coordination and concentration. Basic self-defense techniques will be introduced.

Ages 4-8					
58253 W	2:00 pm-2:45 pm	4/6-4/27			
58254 W	2:00 pm-2:45 pm	5/4-5/25			
58255 W	2:00 pm-2:45 pm	6/1-6/22			
58256 W	2:00 pm-2:45 pm	7/6-7/27			
58257 W	2:00 pm-2:45 pm	8/3-8/24			
Ages 9-14					
58258 W	2:45 pm-3:30 pm	4/6-4/27			
58259 W	2:45 pm-3:30 pm	5/4-5/25			
58260 W	2:45 pm-3:30 pm	6/1-6/22			
58261 W	2:45 pm-3:30 pm	7/6-7/27			
58262 W	2:45 pm-3:30 pm	8/3-8/24			
ACMMA	R. Dye	4 sess/\$35			



# KARATE FOR CHILDREN (Ages 5-13)

Programs emphasize developing balance, coordination, concentration and respect for self and others

Ages 5	-6		
58287 58263 58268 58264 58265 58269 58270 58266 58271 58267	Sa W Sa W W Sa Sa W Sa W	10:15 am-11:00 am 4:00 pm-4:45 pm 10:15 am-11:00 am 4:00 pm-4:45 pm 4:00 pm-4:45 pm 10:15 am-11:00 am 4:00 pm-4:45 pm 10:15 am-11:00 am 4:00 pm-4:45 pm 4:00 pm-4:45 pm	4/2-4/23 4/6-4/27 4/30-5/28 5/4-5/25 6/1-6/22 6/4-6/25 7/2-7/23 7/6-7/27 7/30-8/27 8/3-8/24
Ages 7	-10		
58277 58272 58278 58273 58274 58279 58280 58275 58281 58276	Sa Th Sa Th Th Sa Sa Th Sa Th	11:00 am-11:45 am 5:30 pm-6:15 pm 11:00 am-11:45 am 5:30 pm-6:15 pm 5:30 pm-6:15 pm 11:00 am-11:45 am 5:30 pm-6:15 pm 11:00 am-11:45 am 5:30 pm-6:15 pm	4/2-4/23 4/7-4/28 4/30-5/28 5/5-5/26 6/2-6/23 6/4-6/25 7/2-7/23 7/7-7/28 7/30-8/27 8/4-8/25
Ages 1			
58282 58283 58284 58285 58271 58286 ACMMA No class	Tu Tu Tu Tu Sa Tu A 55/7,8/6	4:45 pm-5:30 pm 4:45 pm-5:30 pm 4:45 pm-5:30 pm 4:45 pm-5:30 pm 10:15 am-11:00 am 4:45 pm-5:30 pm R. Dye	4/5-4/26 5/3-5/24 6/7-6/28 7/5-7/26 7/30-8/27 8/2-8/23 4 sess/\$35

# KENDO-JAPANESE SWORDSMANSHIP (Ages 7-14)

You will develop confidence and learn the culture and etiquette of Japan. Learn basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include equipment costs for continuing and advanced students. Youth and adult classes are combined.

Beginning		
58288 M	7:00 pm-7:50 pm	3/28-5/23
58289 M	7:00 pm-7:50 pm	6/6-8/8
Kent Commons	C. Marsten	9 sess/\$59
Continuing		
58290 M	8:00 pm-8:50 pm	3/28-5/23
58291 M	8:00 pm-8:50 pm	6/6-8/8
Kent Commons	C. Marsten	9 sess/\$59
Advanced		
58292 W	7:00 pm-9:00 pm	3/30-6/1
58293 W	7:00 pm-8:45 pm	6/8-8/10
Kent Commons	C. Marsten	10 sess/\$65
No class 7/4		





# Creative Arts ART LESSONS (Ages 7+)

One-on-one art tutoring designed for the beginning to intermediate student. Artist Cathe McNiel is available for lessons in drawing, watercolor, oil pastel, and cartooning. Class is catered to your specific needs and interests.

	/ !		
58294 Sa 58295 Sa 58296 Sa 58297 Sa 58298 Sa 58299 Sa	a 1 a 1 a 1 a 2	12:00 pm-12:30 pm 12:30 pm-1:00 pm 1:00 pm-1:30 pm 1:30 pm-2:00 pm 2:00 pm-2:30 pm 2:30 pm-3:00 pm	4/2-4/30
58300 Sa 58301 Sa 58302 Sa 58303 Sa 58304 Sa 58305 Sa	a 1 a 1 a 1 a 2	12:00 pm-12:30 pm 12:30 pm-1:00 pm 1:00 pm-1:30 pm 1:30 pm-2:00 pm 2:00 pm-2:30 pm 2:30 pm-3:00 pm	5/7-5/28
58306 Sa 58307 Sa 58308 Sa 58309 Sa 58310 Sa 58311 Sa Kent Comm	a 1 a 1 a 1 a 2 a 2	12:00 pm-12:30 pm 12:30 pm-1:00 pm 1:00 pm-1:30 pm 1:30 pm-2:00 pm 2:00 pm-2:30 pm 2:30 pm-3:00 pm C. McNiel	6/4-6/25 4 sess/\$66

# **DRAWING (Ages 7-12)**

Based on popular drawing methods, students gain confidence in drawing with pencils, markers, and color pencils. All levels work at their own level and growing ability. On going with new projects through the year.

58317	Sa	10:00 am-11:30 am	4/2-4/30
58318	Sa	10:00 am-11:30 am	5/7-5/28
58319	Sa	10:00 am-11:30 am	6/4-6/25
58320	W	1:00 pm-2:30 pm	8/3-8/24
Kent Co	mmons	C. McNiel	4 sess/\$66
No class	s 4/9		

# **STORY DRAWING (Ages 7+)**

Pairing drawing and writing, participants will develop key characters and adventure ideas. Artist will teach drawing and guide story. Supplies provided, but students may bring their favorite markers.

58655 Sa	10:00 am-12:00 pm	7/9-7/30
Kent Commons	C. McNiel	4 sess/\$78







# **YOUTH PROGRAMS**

# PIANO OR VOICE LESSONS CHILDREN & ADULTS

One-on-one lessons, where student will progress at own pace. **Piano for ages 5 & up:** beginners may purchase \$5 book from instructor. **Voice for ages 10 & up:** Sing songs that have stood the test of time.

<b>a. a.p.</b> 519 50.119	gs that have stood the	cese or enrice						
58425 F 58426 F 58427 F 58428 F 58430 F 58431 F 58432 F 58433 F 58433 F 58434 F 58435 F 58436 F	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:30 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	4/1-4/8 2 sess/\$40	58485 W 58486 W 58487 W 58488 W 58489 W 58490 W 58491 W 58492 W 58493 W 58494 W 58495 W	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	5/11-5/25 3 sess/\$60	58356 W 58357 W 58358 W 58359 W 58360 W 58361 W 58380 W 58362 W 58363 W 58364 W 58365 W	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	7/6-7/27 4 sess/\$80
58437 Sa 58438 Sa 58449 Sa 58441 Sa 58441 Sa 58442 Sa 58443 Sa 58444 Sa 58445 Sa 58446 Sa 58447 Sa 58447 Sa	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:30 pm 6:30 pm-6:30 pm 6:30 pm-7:30 pm 7:30 pm-7:30 pm 7:30 pm-8:30 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	4/2-4/9 2 sess/\$40	58496 W 58497 W 58498 W 58500 W 58501 W 58502 W 58503 W 58504 W 58505 W 58506 W	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	6/1-6/29 5 sess/\$100	58366 Th 58367 Th 58368 Th 58369 Th 58370 Th 58371 Th 58372 Th 58373 Th 58374 Th 58375 Th 58402 Th	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:30 pm-7:30 pm 7:30 pm-8:00 pm 8:30 pm-9:00 pm 8:00 pm-8:30 pm	7/7-7/28 4 sess/\$80
58403 W 58404 W 58405 W 58406 W 58407 W 58408 W 58409 W 58410 W 58411 W 58411 W 58412 W	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	4/6-4/13 2 sess/\$40	58507 Th 58508 Th 58509 Th 58510 Th 58511 Th 58512 Th 58513 Th 58514 Th 58515 Th 58516 Th 58516 Th	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:00 pm-9:00 pm	6/2-6/30 5 sess/\$100	58864 W 58865 W 58867 W 58868 W 58869 W 58870 W 58370 W 58371 W 58872 W 58873 W	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 6:30 pm-6:00 pm 6:30 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	8/3-8/24 4 sess/\$80
58414 Th 58415 Th 58416 Th 58417 Th 58418 Th 58419 Th 58420 Th 58421 Th 58422 Th 58423 Th 58424 Th	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:30 pm 6:30 pm-6:30 pm 6:30 pm-7:30 pm 7:30 pm-8:30 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	4/7-4/14 2 sess/\$40	58518 F 58519 F 58520 F 58521 F 58522 F 58523 F 58524 F 58525 F 58526 F 58527 F 58528 F	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 6:00 pm-6:00 pm 6:00 pm-6:30 pm 7:00 pm-7:00 pm 7:30 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	6/3-6/24 4 sess/\$80	58874 Th 58875 Th 58876 Th 58877 Th 58878 Th 58879 Th 58880 Th 58881 Th 58882 Th 58883 Th 58883 Th	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	8/4-8/25 4 sess/\$80
58449 Th 58450 Th 58451 Th 58452 Th 58454 Th 58455 Th 58456 Th 58457 Th 58458 Th 58459 Th 58450 Th	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:30 pm 6:00 pm-6:30 pm 7:00 pm-7:30 pm 7:00 pm-7:30 pm 7:30 pm-8:30 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	5/5-5/26 4 sess/\$80	58529 Sa 58530 Sa 58531 Sa 58532 Sa 58533 Sa 58534 Sa 58535 Sa 58536 Sa 58537 Sa 58538 Sa 58538 Sa 58538 Sa 58539 Sa 58540 Sa	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:00 pm-5:30 pm 6:00 pm-6:30 pm 6:00 pm-6:30 pm 6:30 pm-7:30 pm 7:00 pm-7:30 pm 7:30 pm-8:30 pm 8:00 pm-8:30 pm	6/4-6/25 4 sess/\$80	58885 F 58886 F 58888 F 58889 F 58890 F 58891 F 58892 F 58893 F 58894 F 58895 F 58896 F	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:00 pm-5:30 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 7:00 pm-7:30 pm 7:00 pm-7:30 pm 8:00 pm-8:30 pm 8:30 pm-8:30 pm	8/5-8/26 4 sess/\$80
58461 F 58462 F 58463 F 58464 F 58466 F 58467 F 58468 F 58469 F 58470 F 58471 F 58471 F	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	5/6-5/27 4 sess/\$80	58376 F 58377 F 58378 F 58379 F 58381 F 58382 F 58383 F 58384 F 58385 F 58386 F 58387 F	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:39 pm 8:30 pm-9:00 pm	7/1-7/29 5 sess/\$100	58341 Sa 58342 Sa 58343 Sa 58344 Sa 58346 Sa 58346 Sa 58347 Sa 58348 Sa 58349 Sa 58350 Sa 58351 Sa	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:00 pm-5:30 pm 5:30 pm-6:00 pm 6:00 pm-6:30 pm 6:30 pm-7:00 pm 7:30 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm	8/6-8/27
58473 Sa 58474 Sa 58475 Sa 58476 Sa 58477 Sa 58478 Sa 58479 Sa 58480 Sa 58481 Sa 58481 Sa 58482 Sa 58483 Sa 58484 Sa	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 4:30 pm-5:00 pm 5:00 pm-5:30 pm 5:30 pm-6:00 pm 6:30 pm-7:00 pm 7:00 pm-7:30 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	5/7-5/21 3 sess/\$60	58388 Sa 58389 Sa 58390 Sa 58391 Sa 58392 Sa 58393 Sa 58394 Sa 58395 Sa 58396 Sa 58397 Sa 58398 Sa 58399 Sa	3:00 pm-3:30 pm 3:30 pm-4:00 pm 4:00 pm-4:30 pm 5:00 pm-5:30 pm 5:00 pm-5:30 pm 6:00 pm-6:00 pm 6:30 pm-7:00 pm 7:00 pm-7:00 pm 7:30 pm-8:00 pm 8:00 pm-8:30 pm 8:30 pm-9:00 pm	7/2-7/30 5 sess/\$100	58352 Sa Kent Commons	8:30 pm-9:00 pm C. D'Ambrosio	4 sess/\$80

# **YOUTH PROGRAMS/SPORTS**

## **GUITAR LESSONS FOR BEGINNERS (Ages 7+)**

One-on-one lesson designed for the student interested in acoustic or electric guitar. Class covers basic techniques, hand position, fingering, tuning and care. Please bring your guitar to class. All levels welcome from the beginner through experienced.





# Monday, Sept. 12

Wilson Playfields - Upper Field Registration 5:00-5:45 p.m. • Competition begins at 6:00 p.m.

## **SOCCER SKILLS COMPETITION**

Free competition for kids 14 years old and under. Participants compete in three skill categories; dribbling, goal shots and kick accuracy. Each participant receives one throw-in & kick for distance and accuracy, one dribbling for time and two goals shots. Only tennis shoes are allowed. Winners of each age/gender category advance to regional/state competition.

#### **NFL PUNT, PASS & KICK**

This free competition is open to boys and girls 6–15 years of age. Each contestant will compete in three categories: Punting, passing and kicking (using a kicking tee). Pre-registration is not required.

## **SKYHAWKS SPORTS CAMPS**

Skyhawks Sports Academy is running multiple sports camps for the summer. For information and to register for a camp, please call Skyhawks at (800) 804-3509 or online at www.skyhawks.com.

#### Soccer Camp (Ages 5-14)

Young Athletes learn the fundamental skills of soccer through fun games and exercise. Players then get a chance to test their new skills with interactive group activities, games and scrimmages.

Ages 5-7

M-F	9:00 am-12:00 pm	6/20-6/24
M-F	9:00 am-12:00 pm	8/1-8/5
Wilson	n Plavfields	\$115

Ages 7-14

M-F	9:00 am-3:00 pm	6/20-6/24
M-F	9:00 am-3:00 pm	8/1-8/5
Wilsor	n Playfields	\$149

Tiny-Hawk Soccer Camp (Ages 3-4)

Mini-Hawk programs give children age 3-4 years a fun and positive first step into athletics.

M-Th 1:00 pm-1:45 pm 6/20-6/23

M-Th 1:00 pm-1:45 pm 8/1-8/4

Wilson Playfields \$45

Flag Football Camp (Ages 7-14)

A great way for kids to be introduced to football. Flag football is both safe and fun. Players learn valuable football skills like catching, passing and deflagging, as well as the rules and strategies of offense and defense. The week ends with the Skyhawks Superbowl.

T-Th 9:00 am-3:00 pm	7/5-7/7
Wilson Playfields .	\$129
M-F 9:00 am-3:00 pm	8/8-8/12
Wilson Playfields .	\$149

# Mini-Hawk Camp (Soccer, Baseball & Basketball) (Ages 4-7)

Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork.

T-Th 9:00 am-12:00 pm	7/5-7/7
Wilson Playfields .	\$99
M-F 9:00 am-12:00 pm	8/8-8/12
Wilson Playfields	\$115

Basketball Camp (Ages 7-14)

Designed for beginning and intermediate basketball players, participants learn new skills while refining their passing, shooting and dribbling skills.

M-F	9:00 am-3:00 pm	7/11-7/15
M-F	9:00 am-3:00 pm	7/25-7/29
Kent Cor	mmons	\$149

Baseball Camp (Ages 6-12)

Tailored for beginning and intermediate players, this program is committed to teaching skills required for success in youth baseball. Kids learn the fundamentals of fielding, catching, throwing, hitting and base running.

M-F	9:00 am-3:00 pm	7/18-7/22
M-F	9:00 am-3:00 pm	8/15-8/19
Servic	e Club Ballfields	\$149

Volleyball Camp (Ages 8-12)

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving.

M-F	9:00 am-12:00 pm	7/18-7/22
Kent Co.	mmons .	\$115

# **YOUTH SOCCER (Grades 2-6)**

Soccer leagues for youth in the City of Kent or the Kent School District in unincorporated King County. Teams are limited to 15 players and games are 11 vs 11. Practices are weeknights and begin in early September. Games are predominantly on weekends at local fields. Jamboree is September 10 and the season ends in early November. Registration open on May 2.

# Deadline to register is August 1.

Giris		
57853	Grades 2/3	
57854	Grades 4/5	
57855	Grade 6	\$55
Boys		
57856	Grade 2	
57857	Grade 3	
57858	Grade 4	
57859	Grade 5	
57860	Grade 6	\$55

# COED YOUTH SOCCER (Pre-K & K-1)

Soccer leagues for youth in the City of Kent or the Kent School District in unincorporated King County. Practices are weeknights and begin in late August. Games are played mostly on weekends at Kent area fields. Jamboree is September 17 and season ends in mid November. Registration open on May 2.

#### Deadline to register is August 1.

**Pre-K League:** Teams are limited to 10 players and games are 5 vs 5. Participants must have turned 3 years of age by August 31, 2016.

**Kindergarten/1st Grade League:** Teams are limited to 12 players and games are 8 vs 8. Participants must currently be enrolled in Kindergarten or 1st grade. Must turn five years of age by August 31, 2016.

#### COED

57851	Grade Pre-K	
57852	Grades K/1	\$55

# YOUTH FLAG FOOTBALL

Recreational program for youth (attending grades 3/4 and 5/6 during the 2016-2017 school year) in the City of Kent or Kent School District in unincorporated King County. Season runs October through mid-November. Registration open on May

#### 1. Deadline to register is August 15.

#### Grades 3/4

57863 Tu/We/Th Wilson Playfields	\$50

#### Grades 5/6

57864 Tu/We/Th Wilson Playfields \$50 Register online at webreg.KentWA.gov

## YOUTH RUGBY SUMMER CAMP

Serevi Rugby Summer Camp provides a unique and exciting rugby experience by giving girls and boys the opportunity to learn a new sport in a fun, safe and supportive environment. Each day offers a variety of development of life skills such as basic motor skills, teamwork, decision making, communication and self-confidence. No experience necessary; we help kids learn the game of rugby through curriculumbased enjoyment. Whether you're a brand new player or have been playing for years, there is something for everyone within the Serevi Rugby program

54753 M-F 9:00 pm-3:00 pm 7/25-7/29 Wilson Playfields 5 sess/\$145

# GIRLS JR. VOLLEYBALL (Grades 7/8, 9-12)

Recreational play for girls in Grades 7-12. Teams are limited to 10 players. Practices and games are week nights.

#### FALL

Registration open on May 2. Deadline to register is September 12. Season runs Sept. - Nov. 57865 Grades 7/8 \$55 57866 Grades 9-12 \$55

# JUNIOR HOOPSTERS BASKETBALL PROGRAM

Instructional basketball program for boys and girls grades K–2. Have fun and learn the fundamentals of basketball. Registration open on May 1. **Deadline to register is August 15.** Program is limited to 40 participants per session. Program runs for five weeks, Sept. 26 - Oct. 24. **Volunteer coaches are needed: For information call (253) 856-5000.** 

#### **K-2 GRADE**

57861	M	Κ	5:30 pm-6:30 pm	9/26-10/24
57862	Μ	1/2	6:30 pm-7:30 pm	9/26-10/24
Kent Co	omm	ons		\$45

# **AQUAFINA PITCH, HIT AND RUN**

For boys and girls ages 7 - 14 who reside in the City of Kent limits and/or attend school within the Kent School District. Aquafina Pitch, Hit and Run is to encourage youth participation and emphasize the fun of baseball competition.

Participants will compete in three important aspects of baseball: batting, pitching, and base running. Pre-registration is not required.

53335 Tu 9:30 am-1:00 pm 4/5 Wilson Playfields Free

#### TBALL/TOSSBALL LEAGUES

All teams are co-ed. Teams are formed by school areas. Practices are on weeknights and start in late March; games begin in mid-April. Games played Saturdays and some weeknights at local fields. Deadline to register was Monday, February 29, 2016. Pre-K must be age 4 by 8-31-15. Jamboree is on Saturday, April 16, 2016. We are taking registrations with a \$10 late charge on a space available basis until April 16, 2016.

Call for registration information.

#### John Staley Scholarship Fund:

A fund was established in John Staley's memory to help children needing financial assistance to participate in sports.



#### If you'd like to contribute:

Please call (253) 856-5000 or send contributions to: Kent Parks, Recreation & Community Services 525 4th Ave. N. Kent, WA 98032.

# GIRLS FASTPITCH SOFTBALL LEAGUE (GRADES 3-12)

Recreation program for girls in the City of Kent or the Kent School District in unincorporated King County. Teams are formed by school areas. Games and practices are weeknights. Practices start in mid-April with games beginning in mid-May. Deadline to register is March 14. Late registrants will be placed on teams as space allows.

Call for registration information.

# BOYS BASEBALL LEAGUE (GRADES 3-12)

Boys participating in 3/4 or 5/6 Elementary baseball or 7/8, 9/10, or 11/12 Middle School & Senior baseball program. This is a recreation program for boys in the City of Kent or the Kent School District in unincorporated King County. Teams are formed by school areas. Games and practices are on weeknights. Practices start early April, with games beginning in early May. Deadline for Elementary baseball is March 7; deadline for Middle School & High School baseball is April 4. Late registrants will be placed on teams as space allows.

Call for registration information.

#### YOUTH SPORTS OFFICIALS WANTED

We are looking for new and experienced youth sports officials. Must be 14 years of age or older. If you are interested in officiating soccer, flag football, basketball, volleyball, or umpiring baseball or fastpitch, please call (253) 856-5000.

## **TENNIS DAY CAMP**

Tennis Day Camp provides a well-organized, structured and professional camp for ages 5-17, where kids can learn the game of tennis in a fun environment. Participants will be placed in groups within their own skill level to learn drills. Camp is taught by USPTA-certified tennis professional Steve Walters at Kent Meridian High School.

Ages 5-	7		
57473	M-Th	9:00 am-10:30 am	6/20-6/23
57474	Tu-F	9:00 am-10:30 am	7/5-7/8
57475	M-Th	9:00 am-10:30 am	7/18-7/21
57476	M-Th	9:00 am-10:30 am	8/1-8/4
57477	M-Th	9:00 am-10:30 am	8/8-8/11
Kent-Me	eridian HS	S. Walters	4 sess/\$60
Ages 8-	17		
57478	M-Th	10:30 am-1:30 pm	6/20-6/23
57479	M-Th	9:00 am-12:00 pm	6/27-6/30
57480	Tu-F	10:30 am-1:30 pm	7/5-7/8
57481	M-Th	9:00 am-12:00 pm	7/11-7/14
57482	M-Th	10:30 am-1:30 pm	7/18-7/21
57483	M-Th	9:00 am-12:00 pm	7/25-7/28
57484	M-Th	10:30 am-1:30 pm	8/1-8/4
57485	M-Th	10:30 am-1:30 pm	8/8-8/11
Kent-Me	eridian HS	S. Walters	4 sess/\$105

## GIRLS FASTPITCH SOFTBALL CLINICS

Learn the different skills and techniques of fastpitch softball. Instruction provided by Chris Wright and Gary Jones and geared towards all skill levels.

GIRIS F	astpitch 5	KIIIS CIINIC	
57464	Sa	9:00 am-12:00 pm	3/12
Girls Fa		litting Clinic	
57465	Sa	9:00 am-12:00 pm	4/23
Girls Fa	astpitch P	itching Clinic	
57466	Sa	1:00 pm-2:30 pm	4/23
57467		3:00 pm-4:30 pm	4/23
Wilson	Playfields		1 sess/\$25

# TENNIS LESSONS -YOUTH & ADULT

Tennis lessons for youth (ages 6 and up) and adults seeking beginning or intermediate instruction. Lessons are at Kent Meridian High School and taught by USPTA-certified tennis professional Steve Walters. Locations subject to change.

#### **Beginner Ages 6-10** 57486 Tu, Th 4:30 pm-5:30 pm

57487	Tu, Th	4:30 pm-5:30 pm	7/5-7/28
57488	Tu, Th	4:30 pm-5:30 pm	8/2-8/25
Kent-Me	eridian HS	S. Walters	8 sess/\$65
Beainn	er Ages 1	1-14	
57489	Tu, Th	6:00 pm-7:00 pm	5/3-5/26
57490	Tu, Th	5:30 pm-6:30 pm	6/7-6/30
57491	Tu, Th	5:30 pm-6:30 pm	7/5-7/28
57492	Tu, Th	5:30 pm-6:30 pm	8/2-8/25
57493	Tu, Th	6:00 pm-7:00 pm	9/6-9/29
57494	Tu, Th	6:00 pm-7:00 pm	10/4-10/27
Kent-Me	eridian HS	S. Walters	8 sess/\$65
<b>Beginn</b>	er/Intern	nediate Ages 15-A	Adult
57495	Tu, Th	7:00 pm-8:00 pm	5/3-5/26
57496	Tu, Th	6:30 pm-7:30 pm	6/7-6/30
57497	Tu, Th	6:30 pm-7:30 pm	7/5-7/28
57498	Tu, Th	6:30 pm-7:30 pm	8/2-8/25
57499	Tu, Th	7:00 pm-8:00 pm	9/6-9/29

6/7-6/30

8 sess/\$65

#### YOUTH SPORTS SPONSORSHIP

Kent-Meridian HS S. Walters

A \$150 Youth Team Sponsorship benefits the youth in our community. A sponsorship allows fees to remain affordable, insures that all participants will have safe, high quality equipment, shows community involvement AND advertises your business. (253) 856-5000 or visit KentWA.gov/ sportsleagues for more information.

# Plan the year for Youth Sports!

## Registration forms for upcoming sports programs will be available at local Kent schools and the Kent Commons.

Recreational programs for youth in the City of Kent or Kent School District in unincorporated King County

Sport Youth Basketball	Reg. Opens	Reg. Deadline	Jamboree	Season End
Coed 1/2 Grade	Early Oct.	2nd Mo in Dec	None-Program starts Mid Jan.	Early March
Boy's/Girl's 3/6 Grade	Early Sept.	1st Mo in Nov.	Fr/Sa after New Year	Early March
Boy's 7/8 Grade	Early Oct.	Last Mo in Nov.	3rd Th in January	Mid-March
Boy's 9-12 Grade	Early Oct.	Last Mo. in Nov.	3rd Th in January	Mid-March
Baseball/Softball				
T-Ball (pre K/K) Toss Ball (1/2 Grade) Boy's Baseball 3/6 Grade Boy's Baseball 7/12 Grade Girl's Softball 3/12 Grade	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
	Early Jan.	1st Mo in March	1st Sa in May	Late June
	Early Jan.	1st Mo in April	3rd Th in May	Mid-July
	Early Jan.	3rd Mo in March	3rd Sa in May	Late June
Youth Soccer		1.14 . 4	2 16 6 11 5 4011	
Co-ed Pre-K (3/4 Yrs. old)	Late May	1st Mo in August	2nd Sa after Labor Day Mid-Nov.	Early Nov.
Co-ed (K/1)	Late May	1st Mo in August	2nd Sa after Labor Day Mid-Nov.	
Boy's/Girl's 2/6 Grade	Late May	1st Mo in August	Sa after Labor Day	
Boy's Flag Football 4/7 Grade Jr. Hoopsters 1/2 Grade Girl's Volleyball	Early June Early June	4th Mo in August 4th Mo in August	1st Tu in October None—Program is Mondays in O	Mid-Nov. ct.
Girl's Spring Volleyball 6/12 Grade	Early Jan.	1st Mo in March	1st Thurs April	Mid-May
Girl's Fall Volleyball 7/12 Grade	Early June	2nd Mo in September	3rd Thurs Oct.	Late Nov.

# **YOUTH/TEEN PROGRAMS**

## **AFTER SCHOOL ENERGY**

Looking for a fun-filled afternoon for your K-6th grader? We offer a variety of HIGH ENERGY activities at 8 local elementary schools that will get your child up and active and having a ton of fun while doing it - and best of all it's FREE! Just complete our ASE registration form and return it to Kent Commons so your child can attend. Space is limited and REGISTRATION IS LIMITED TO ONE SCHOOL PER CHILD. There is no program on conference days, or during school holidays. Call 253-856-5030 for more information.

Park Orchard Elementary				
55745	Tu	3:38 pm-5:00 pm	3/15-5/24	
Meado	w Ridge	Elementary		
55746	Tu	2:38 pm-5:00 pm	3/15-5/24	
Panthe	r Lake El	ementary		
55747	W	2:58 pm-5:00 pm	3/16-5/25	
Scenic	Hill Elem	entary		
55748	W	2:38 pm-5:00 pm	3/16-5/25	
Horizo	n Elemer	ntary		
55749	Th	3:23 pm-5:00 pm	3/17-5/26	
Kent E	lementar	·v		
55750	Th	3:08 pm-5:00 pm	3/17-5/26	
Pine Tr	ee Eleme	entary		
55751	F	3:38 pm-5:00 pm	3/18-5/27	
East Hill Elementary				
55752	F	3:38 pm-5:00 pm M. McCaughan	3/18-5/27 FREE	



# DAY GAMP

During this fun-filled week, campers will participate in games, arts and crafts, and a field trip! Camp is for children in grades K-6th. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. Register online at webreg.KentWA.gov or call (253) 856-5030.

\$7443 M-F 7:00 am-6:00 pm 4/4-4/8 Kent Commons M. McCaughan 5 sess/\$165



# HERO DELIVERING FITNESS AND FUN

An exciting, high energy mobile fitness and nutrition program coming this spring and summer to schools, apartments, playgrounds and other locations near you!

Kids, Get healthy...Get strong...Get moving...when HERO delivers fitness and fun each week. HERO will focus on traditional and non-traditional sports, exercise, and active games as well as nutrition and wellness. Let HERO help you become a lean, clean, healthy machine!!!

Visit KentHero.com to find the HERO schedule, locations and fun ideas about how to get your family energized, exercised, and eating right!

# SUMMER RESIDENT CAMP AT WASKOWITZ

A week of fun, a lifetime of memories. Campfires, sing-alongs, hiking, swimming, beach parties and more. An overnight camp for boys and girls entering 5th, 6th, and 7th grades (Fall 2016). A \$25 non-refundable/non-transferable deposit will hold your child's spot. All fees are due paid in full by Monday, July 18, 2016. Parent and camper information nights will be held at Kent Commons on June 8 and July 13 from 6:30 pm-7:30 pm. Register your child online today or call 253-856-5030 for more information.

BOYS 57441 M-F Camp Waskowitz	8:00 am-2 pm J. Stangle	8/1-8/5 5 sess/\$330
GIRLS 57442 M-F Camp Waskowitz	8:00 am-2 pm J. Stangle	8/1-8/5 5 sess/\$330

## JUNIOR AFTER SCHOOL ALL STARS

Jr. All-Stars is an elementary school program for students grades 1-6, to promote an active lifestyle by encouraging healthy cooking/eating choices as well as more play time and less "screen time".

Jr. All-Stars is a FREE program, but space is limited and registration is required prior to attending. There is no program on conference days or during school holidays. Please call 253-856-5030 for more information.

Springbroo	k Jr. All-Stars	
55756 Tu,	Th 3:23 pm-5:00 pm	3/15-5/26
<b>Emerald Pa</b>	rk Jr. All-Stars	
55757 W	3:18 pm-5:00 pm	3/16-5/25
Soos Creek	Jr. All-Stars	
55758 M	3:38 pm-5:00 pm D. Hobbs	3/14-5/23 FREE

# FISHING EXPERIENCE

This year's annual Fishing Experience is scheduled for Saturday May 21, 2016 at the Old Fishing Hole Park (Frager Road, south of West Meeker Street). This FREE event is sponsored by the Rotary Club of Kent and the City of Kent, and open to children ages 4 to 14. This non-competitive event focuses on fishing techniques. Each participant will be partnered with a guide for a fishing lesson and opportunity to catch a trout. All fishing equipment will be provided for the participants. PLEASE DO NOT BRING YOUR OWN GEAR. Space is limited so pre-registration is required by or before Wednesday, May 18th. Call 253-856-5030 with questions or to register.

253-856-5030 with questions or to register.				
57887	Sa	7:30 am-8:00 am	5/21	
57888	Sa	8:00 am-8:30 am	5/21	
57889	Sa	8:30 am-9:00 am	5/21	
57890	Sa	9:00 am-9:30 am	5/21	
57891	Sa	9:30 am-10:00 am	5/21	
57892	Sa	10:30 am-11:00 am	5/21	
57893	Sa	11:00 am-11:30 am	5/21	
57894	Sa	11:30 am-12:00 pm	5/21	
Old Fishi	ng Hole	D. Hobbs	1 sess/FREE	



# YOUTH/TEEN RECREATION



After School All-Stars is a middle school recreation program for students at three community sites. Each location has its own activities and special events that keep teens engaged, active and healthy. The program is free but pre-registration is required.

Contact Kent Parks Youth & Teen Division at (253)856-5030 for more information today.

**MERIDIAN AFTER SCHOOL ALL STARS** 

3:00 pm-5:00 pm 55753 M, W B. Steward

3/14-5/25 FREE MILL CREEK AFTER SCHOOL ALL STARS

55754 Tu, Th

3:00 pm-5:00 pm B. Steward

**MEEKER AFTER SCHOOL ALL STARS** 55755 Tu, Th

3:00 pm-5:00 pm D. Hobbs

3/15-5/26

**Mill Creek Middle School** Late Night

Open to all 6th grade to 9th graders!

**Every Friday from** 6pm-9:30 pm

Last day June 10, 2016

Open gym, games sports, arts & crafts.

**Bring all your friends Registration form** available at www.KentTeens.com







# **Kent Parks** Community Center 11000 SE 264th

Whether you're looking to get involved, get in shape or just hang out, we offer something for everyone:

- Full Court Basketball Soccer
- Breakdancing Step Team
- Volunteer/ Mentor Opportunity
- Video Game Room
- Music Studio and more

Ages 7th grade through 19 years of age. I.D. is required. School ASB card or Drivers License. No hats allowed.

## **Spring Hours:**

Monday-Thursday, 4:30-9 p.m. Friday, 4:30-9:45 p.m. Saturday, 5:30-9:45 p.m. **Last day June 10, 2016** 

**Summer Hours:** July 5-August 4, 2016 Monday-Thursday, 5 p.m.-9 p.m.



**Calling all** 7th grade to 19 year olds!

**Open every Tuesday** from 5:30-9:00 pm

Open gym and more! 23480 120th Ave. S.E. **Bring all your friends** and your I.D.

Last day June 7, 2016





# Summer Playgrounds 2016 🤺







The Summer Playgrounds Program is an absolutely FREE program that provides your child with an active way to enjoy summer. Each one of our five parks will be offering plenty of games, arts and crafts, sports, special events and even a free sack lunch at each playground site. This program will begin on Wednesday, June 22 and runs until Friday, August 12. We will be waiting for you to show up every Monday, Tuesday, Wednesday and Thursday at one of our five selected

playground sites: West Fenwick, Morrill Meadows, Chestnut Ridge, Kiwanis Tot Lot 1 and Kiwanis Tot Lot 2. Program hours: 10:30 a.m.- 4:30 p.m.

MultiCare 🛵 Better Connected



# Terrific Tuesdays

Start your afternoon with a thumping heart tour

and some silly "5210" saturation. Our cool-cardio and gnarlynutrient hour will help us all to remember to "eat smart, play hard and learn" - come and get your heart racing! Brought to you be the Hope Heart Institute and Multicare Health System.

12:30 p.m. to 1:30 p.m. Chestnut Ridge July 12 12:30 p.m. to 1:30 p.m. Tot Lot 2 July 19 12:30 p.m. to 1:30 p.m. West Fenwick July 26 12:30 p.m. to 1:30 p.m. Morrill Meadows August 2 12:30 p.m. to 1:30 p.m. Tot Lot 1 August 9

# **Fantastic Fun Fridays**

Join us for Fantastic Fun Fridays, where we will have a special event planned for the entire family.

Noon to 4:00 p.m. West Fenwick Park July 15 July 29 Noon to 4:00 p.m. Morrill Meadows Noon to 4:00 p.m. Chestnut Ridge August 12



# CAMP W.A.L.K.A.P.A.L.A. C.I.T.

The Camp W.A.L.K.A.P.A.L.A. Counselor In Training Program is for participants who are going into the 7th, 8th, and 9th grades (Fall 2016) and are genuinely interested in acquiring the skills necessary to be a camp counselor. C.I.T.'s will learn leadership skills, enjoy camp activities and help create great summer memories for younger campers. Each C.I.T. will be assigned to a counselor and a group of children and

must commit to attending every day during the week they are registered between the hours of 9:00am-4:00pm. Camp hours are 7:00am-6:00pm. Location: East Hill Elementary 9825 S. 240th St. Kent School District offers a free lunch daily or you may send a sack lunch with your child. Register online and schedule automatic weekly payments at webreg. KentWA. gov or call (253) 856-5030. Enrollment is limited to 8 participants per week and for this reason you are required to pay a \$20 non-refundable/ non-transferable deposit to reserve your child's space, the deposit will be applied to the weekly camp fee. Remaining balance is due the Monday prior to the week of your child is registered to attend. Fees include all camp activities including field trips, afternoon snack and one t-shirt per summer. SCHOLARSHIPS AVAILABLE.

57905 W-F East Hill Elementary	7:00 am-6:00 pm M. McCaughan	6/22-6/24 3 sess/\$99	Pacific Science Center 57909 M-F 7:00 am-6:00 pm 7/18-7/22 East Hill Elementary M. McCaughan 5 sess/\$165
"Finding Dory"	movie		East Hill Elementary IVI. IVICCaugnan 5 Sess/\$105
57906 M-F East Hill Elementary	7:00 am-6:00 pm	6/27-7/1 5 sess/\$165	Stewart Heights Pool 57910 M-F 7:00 am-6:00 pm 7/25-7/29 East Hill Elementary M. McCaughan 5 sess/\$165
Van Doren's Lar	nding Field Day		East Hill Elementary M. McCaughan 5 sess/\$165
57907 Tu-F East Hill Elementary *No camp 7/4	7:00 am-6:00 pm	7/5-7/8* 4 sess/\$132	GameWorks & Pizza           57911         M-F         7:00 am-6:00 pm         8/1-8/5           East Hill Elementary         M. McCaughan         5 sess/\$165
"Secret Life of P 57908 M-F East Hill Elementary	7:00 am-6:00 pm	7/11-7/15 5 sess/\$165	<b>Kandle Wave Pool</b> 57912 M-F 7:00 am-6:00 pm 8/8-8/12 East Hill Elementary M. McCaughan 5 sess/\$165



# YOUTH/TEEN PROGRAMS

# CAMPWALKAPALA

Working At Letting Kibs Appreciate Parks and Leisure Activities

# **Scholarships Available!**

Camp W.A.L.K.A.P.A.L.A. offers your K-6th grader (Fall 2016) a safe, entertaining and memory making experience full of friends and fun. Your child's day will be filled with a variety of sports, games, arts & crafts, songs and other cool camp activities that will keep them active and engaged throughout the entire summer. Camp hours are 7:00am-6:00pm Location: East Hill Elementary 9825 S. 240th St. Enrollment is limited and for this reason you are required to pay a \$20 non-refundable/non-transferable

deposit to reserve your child's space, the deposit will be applied to the weekly camp fee. Remaining balance is due the Monday prior to the week of your child is registered to attend. Fees include all camp activities including field trips, afternoon snack and one t-shirt per summer. Kent School District offers a free lunch daily or you may send a sack lunch with your child. Register online and schedule automatic weekly payments at webreq.KentWA.qov or call (253) 856-5030.

## Week 1

June 22-24

Course #: 57895 Fee: \$99

We are going to kick off the summer with crazy amounts of FUN!

## Week 2

June 27-July 1

Field Trip: "Finding Dory" movie Course #: 57896 Fee: \$165

This week will be all about finding things! We will solve riddles, puzzles and other fun challenges!

# Week 3

July 5-8\*

Field Trip: Van Doren's Landing Course #: 57897 Fee: \$132

We will be enjoying all sorts of relays and races this week and will enjoy a field day competition at Van Doren's Landing.

\*No camp Monday, July 4th

## Week 4

July 11-15

Field Trip: "Secret Life of Pets" movie

Course #: 57898 Fee: \$165

Camp goes crazy this week with wacky events, strange projects, funky sports and goofy games.

# Week 5

July 18-22

Field Trip: Pacific Science Center Course #: 57899 Fee: \$165

This week is all about mad science and freaky fun!

## Week 6

July 25-July 29

Field Trip: Stewart Heights Pool Course #: 57900 Fee: \$165

Ever wish you were in charge of picking all the games and activities? This week YOU ARE!

# Week 7

August 1-5

Field Trip: GameWorks & Pizza Course #: 57901 Fee: \$165

This week will be jam-packed with games and activities that focus on having fun and learning to be a team player.

# Week 8

August 8-12

Field Trip: Kandle Wave Pool Course #: 57902 Fee: \$165

It's time to get WET! We will be playing water balloon games, sponge dodge ball, dry, dry- WET and so much more!



SPRING REGISTRATION for Adaptive Recreation begins March 16 at 8:00 a.m.

SUMMER REGISTRATION for Adaptive Recreation begins June 8 at 8:00 a.m.

## MARY LOU BECKER MEMORIAL FUND

A memorial fund has been established in memory of our dear friend and co-worker, Mary Lou Becker. This fund is used to assist people in need to participate in recreation programs. If you would like to donate, call (253) 856-5030 or send contributions to

Kent Commons • Mary Lou Becker Memorial Fund, 525 4th Ave. N., Kent, WA 98032.

# ADAPTIVE RECREATION 525 4th Ave. N. Kent, WA 98032

The Adaptive Recreation Division offers a full range of programs, services and classes for citizens with and without disabilities in our community. Call (253) 856-5030 for information.

#### STATEMENT OF INCLUSION

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

#### **PLEASE NOTE:**

Staff is here to provide leadership for the programs. If you believe you would need 1:1 support to meet your personal needs beyond general program instruction, your support person is welcome to attend at no cost. Any questions, please call (253) 856-5030.

#### **METRO ACCESS USERS!**

Please note the time of our programs and schedule your van times accordingly. Instructors are scheduled to arrive for programs just prior to start time and to leave shortly afterward. There will be a charge for early arrivals and late pickups.

## CAMP W.A.L.K.A.P.A.L.A. TOO

An inclusive day camp for children with disabilities grades K-6 (fall 2016). A non-refundable, non-transferable \$20.00 deposit will hold your child's spot in this camp; all balances are due one week prior. Please call 253-856-5030 for more information or to reserve your child's spot today.

Grades K-3		Pacific Science Center	
57914 W-F 8:00 am-5:00 pm	6/22-6/24	57918 M-F 8:00 am-5:00 pm	7/18-7/22
East Hill Elementary L. Castillo	3 sess/\$99	East Hill Elementary L. Castillo	5 sess/\$165
"Finding Dory" movie		Stewart Heights Pool	
57915 M-F 8:00 am-5:00 pm	6/27-7/1	57919 M-F 8:00 am-5:00 pm	7/25-7/29
East Hill Elementary L. Castillo	5 sess/\$165	East Hill Elementary L. Castillo	5 sess/\$165
Van Doren's Landing Field Day		GameWorks & Pizza	
57916 Tu-F 8:00 am-5:00 pm	7/5-7/8	57920 M-F 8:00 am-5:00 pm	8/1-8/5
East Hill Elementary L. Castillo	4 sess/\$132	East Hill Elementary L. Castillo	5 sess/\$165
"Secret Life of Pets" movie		Kandle Wave Pool	
57917 M-F 8:00 am-5:00 pm	7/11-7/15	57921 M-F 8:00 am-5:00 pm	8/8-8/12
East Hill Elementary L. Castillo	5 sess/\$165	East Hill Elementary L. Castillo	5 sess/\$165
Grades 4-6		Pacific Science Center	
57923 W-F 8:00 am-5:00 pm	6/22-6/24	57927 M-F 8:00 am-5:00 pm	7/18-7/22
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo	6/22-6/24 3 sess/\$99	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo	7/18-7/22 5 sess/\$165
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo "Finding Dory" movie	3 sess/\$99	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo <b>Stewart Heights Pool</b>	5 sess/\$165
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo <b>"Finding Dory" movie</b> 57924 M-F 8:00 am-5:00 pm	3 sess/\$99 6/27-7/1	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm	5 sess/\$165 7/25-7/29
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo	3 sess/\$99	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo	5 sess/\$165
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Van Doren's Landing Field Day	3 sess/\$99 6/27-7/1 5 sess/\$165	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  GameWorks & Pizza	5 sess/\$165 7/25-7/29 5 sess/\$165
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo Van Doren's Landing Field Day 57925 Tu-F 8:00 am-5:00 pm	3 sess/\$99 6/27-7/1 5 sess/\$165 7/5-7/8	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo GameWorks & Pizza 57929 M-F 8:00 am-5:00 pm	5 sess/\$165 7/25-7/29 5 sess/\$165 8/1-8/5
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Van Doren's Landing Field Day	3 sess/\$99 6/27-7/1 5 sess/\$165	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  GameWorks & Pizza	5 sess/\$165 7/25-7/29 5 sess/\$165 8/1-8/5
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Van Doren's Landing Field Day 57925 Tu-F 8:00 am-5:00 pm East Hill Elementary L. Castillo "Secret Life of Pets" movie	3 sess/\$99 6/27-7/1 5 sess/\$165 7/5-7/8 4 sess/\$132	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  GameWorks & Pizza 57929 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Kandle Wave Pool	5 sess/\$165 7/25-7/29 5 sess/\$165 8/1-8/5 5 sess/\$165
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Van Doren's Landing Field Day 57925 Tu-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Secret Life of Pets" movie 57926 M-F 8:00 am-5:00 pm	3 sess/\$99 6/27-7/1 5 sess/\$165 7/5-7/8 4 sess/\$132 7/11-7/15	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  GameWorks & Pizza 57929 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Kandle Wave Pool 57930 M-F 8:00 am-5:00 pm	5 sess/\$165 7/25-7/29 5 sess/\$165 8/1-8/5 5 sess/\$165 8/8-8/12
57923 W-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  "Finding Dory" movie 57924 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Van Doren's Landing Field Day 57925 Tu-F 8:00 am-5:00 pm East Hill Elementary L. Castillo "Secret Life of Pets" movie	3 sess/\$99 6/27-7/1 5 sess/\$165 7/5-7/8 4 sess/\$132	57927 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Stewart Heights Pool 57928 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  GameWorks & Pizza 57929 M-F 8:00 am-5:00 pm East Hill Elementary L. Castillo  Kandle Wave Pool	5 sess/\$165 7/25-7/29 5 sess/\$165 8/1-8/5 5 sess/\$165 8/8-8/12



# **STUDIO 315**

Studio 315 is a social club with activities including dances, talent shows, theme nights and holiday parties. All functions begin at 7:00 pm and end at 9:00 pm unless otherwise noted.

# SPRING

57932 F Kent Commons \*No class 6/3

4/8-6/10\* 9 sess/\$54

# **April**

#### **Spring Fever Dance**

Hop into spring with a "Sock Hop" and some delicious treats.

#### 15 **Box Dinner Bingo**

Bring a sack dinner and play bingo for prizes. Please bring a dinner that doesn't require heating.

#### 22 **Spring Ball**

Get dressed up and dance with your friends.

#### 29 **Wacky Hair Night**

Spike it, give yourself a Mohawk, or just come as you are. The wackier the



# Mav

#### Cinco de Mayo Party

It will be a fiesta of fun, music and dance.

#### Pizza Night 13

Bring \$4.00 for pizza and pop. We will dance after we eat.

#### 20 **Mariner Madness**

Wear your Seattle Mariner gear and dance with your friends. \*Don't forget to sign up tonight for the talent show next Friday.

#### 27 **Talent Show**

Don't forget to come and show your talents at the really big show!

# June

No Club

Good luck at State Kent Parks athletes!

#### 10 **Birthday Bash**

We will celebrate everyone's birthday with cupcakes and a song.

# SUMMER

57933 F Kent Commons L. Wagie

7:00 pm-9:00 pm

7/1-8/12 7 sess/\$42

# **July**

#### Red White and Blue Bash

Get out your patriotic colors and dance until you drop.

#### 8 Pizza Night

Bring \$4.00 for pizza and pop. We will dance after we eat.

#### 15 Summer BBQ at Van Doren's Landing

We will meet at Van Doren's Landing. 21861 Russell Road, Kent WA 98032. Please bring a dessert, chips or salad to share with the group.

#### 22 **Twin Night**

Find a Studio 315 friend to dress up as your twin.

#### 29 Wheel of Fortune

We will split up into teams and compete for prizes.

# **August**

#### **Team Spirit Night**

Wear your favorite sports team gear and shake it all night long.

#### 12 **Summer End Ice Cream Social**

Say goodbye to summer and join us for an ice cream social you won't soon





# **SUMMER MONDAY ADVENTURES**

## **CRYSTAL MOUNTAIN GONDOLA**

Come ride the Crystal Mountain Goldola and take in the 360 degree breath-taking views. You will need to bring \$20 (cash only) for admission. Pack a sack lunch only to enjoy when you get to the top. We will hike around before we come back down on the Gondola. \*If you have

# fear of heights this is NOT the trip for you.

Wheelchair transportation is not provided for this trip.

57934 M 8:30 am-4:00 pm Kent Commons L. Wagie 1 sess/\$40

## **SNOQUALMIE FALLS HIKE**

We will hike down to the falls and back up, and then head to lunch in North Bend Please come prepared to do the full hike, rain or shine. Please bring \$12 for lunch or pack a sack lunch. \*This

is a moderate to difficult hike with steep hills going down and back up. Wheelchair

transportation is not provided for this trip. 10:30 am-3:30 pm 57935 M Kent Commons L. Wagie 1 sess/\$25

## **MOUNT ST. HELENS**

Take a visit to beautiful Mt. St. Helens. We will stop at the Forest Learning Center to take in some fun facts and watch a movie on the eruption of Mt. St. Helens on May 18th, 1980. We will proceed to the top to eat lunch and enjoy the view. Please pack a sack lunch only. \*Please note there will be extended amount of time in the van and a very windy road. If you get car sick this might not be the trip for you.

There is no wheelchair transportation provided for this trip.

57936 M 8:00 am-5:00 pm 8/8 Kent Commons L. Wagie 1 sess/\$45

Space is extremely limited for outings and there are others waiting to participate if you cannot. Currently, a minimum of three (3) business days is required to request an account credit or refund, and refunds will incur a \$5.00 processing fee.

# **Trips & Tours**

# **SPRING** DINNER AND A MOVIE

We will grab a bite to eat at Kent Station's Naked Pizza and then check out the latest blockbuster hit, Bring \$11.50 for movie admission and \$15 for

57946 Sa 3:00 pm-8:00 pm 1 sess/\$25 Kent Commons L. Wagie

## **SNOQUALMIE VALLEY RAILROAD**

This train excursion includes a stop at the Railway History Center for a 30-minute visit in the Train Shed Exhibit Building. Following their Train Shed visit, passengers reboard the train and continue west to the crest of Snoqualmie Falls with views of the scenic lower river valley. The train then goes back east with a stop at the Snogualmie Depot. \*Price of admission (non-refundable) is included in the price of the trip. Wheelchair transportation is not provided for this trip. 57947 Sa 9:30 am-3:30 pm Kent Commons L. Wagie 1 sess/\$50

## NORTON CREEK PARK WALK

Put on your walking shoes and take a leisurely stroll in Norton Creek Park in Bothell. Please pack a sack lunch only, as we will eat at the park and enjoy the scenery.

57948 Sa 10:30 am-3:30 pm 6/11 Kent Commons L. Wagie 1 sess/\$25

# **SUMMER DUNGENESS SPIT**

We will travel to beautiful Sequim, Washington, to take a day hike and have a picnic. Please bring a sack lunch to eat on the hike. \*This hike is moderate to difficult and we will be hiking close to 2 miles with a number of hilly areas.

Wheelchair transportation is not provided for this trip. 57949 Sa 9:00 am-5:00 pm

#### Kent Commons 1 sess/\$40 L. Wagie

# **HIGHLINE SEATAC BOTANICAL GARDENS & SEAHURST PARK**

Come enjoy the beauty of Highline SeaTac Botanical Garden where you will see a display of gardens, woodlands and trails reclaimed from a suburban brownfield. We will see the Seike Japanese Garden, "Elda Behm's Paradise Garden" and the "Sensory Garden". Please bring a sack lunch to enjoy in Seahurst Park after we tour the gardens.

57950 Sa 10:30 am-3:30 pm Kent Commons 1 sess/\$25

## **LUNCH AND MOVIE**

We will have lunch and then enjoy the latest blockbuster hit. Please bring \$11.50 for movie admission and \$12 for lunch or pack a sack lunch. 57951 Sa 10:30 am-3:30 pm 8/13 Kent Commons L. Wagie 1 sess/\$25

# **Community Exploration**

# **SPRING**

## MOHAI

Get to know the people, places and events that make up one of Seattle's most vibrant cultural communities in the "Legacy of Seattle Hip-Hop" exhibit at MOHAI. \*Admission (nonrefundable) is included in the price of the trip. Wheelchair transportation is not provided for this trip.

57937 W 10:00 am-3:00 pm Kent Commons 1 sess/\$35 L. Wagie

#### **LUNCH AND A MOVIE**

We will catch the latest blockbuster movie and then have lunch at the Seattle Outlet Collection mall. Please bring \$12 for lunch. \*Price of movie admission is included in the price of the trip. 10:30 am-3:30 pm Kent Commons L. Castillo 1 sess/\$35

#### **WAPATO PARK**

We will take a leisurely stroll around Wapato Park and then have lunch out. Please bring \$12 for lunch or pack a sack lunch. 10:00 am-3:00 pm Kent Commons L. Castillo 1 sess/\$25

## SOOS CREEK TRAIL AND MOD PIZZA

Put on your walking shoes for a day of exercise on the Soos Creek Trail. \*This is a moderate hike and we will be walking for up to an hour each way. Wheelchair transportation is not provided for this trip.

57940 W 10:30 am-3:30 pm 5/18 Kent Commons L. Castillo 1 sess/\$25

#### TACOMA RAINIERS

Come cheer on the Tacoma Rainiers as they take on the Salt Lake Bee's. Bring \$15 to buy lunch at the game. No outside food allowed in Cheney Stadium. \*Price of admission (nonrefundable) is included in the trip price. Wheelchair transportation is not provided for this trip.

57941 W 10:30 am-4:30 pm 6/1 Kent Commons L. Castillo 1 sess/\$40

# **SUMMER BREAKFAST AND A MOVIE**

We will head to IHOP for breakfast and then to see the latest blockbuster hit of the summer. Please bring \$20 for breakfast and \$11.50 for movie admission.

8:30 am-2:00 pm 6/29 57942 W Kent Commons 1 sess/\$25 L. Wagie

#### **GENE COULON PARK TRIP**

Enjoy a day in the sun playing games and having lunch at Kidd Valley or Ivar's. Please bring \$15 for lunch or pack a sack lunch. 57943 W 10:30 am-3:30 pm

1 sess/\$25 Kent Commons L. Wagie

## **DEEP LAKE HIKE AND PICNIC**

Wear your hiking boots and take a leisurely stroll around Deep Lake. Please pack a sack lunch to picnic in the park with after we hike. \*Wheelchair transportation is not provided for this trip. 10:30 am-3:30 pm Kent Commons L. Wagie 1 sess/\$25

#### **TACOMA RAINIERS**

Come cheer on the Tacoma Rainiers as they take on the Sacramento River Cats. Please bring \$15 to eat lunch at the stadium. No outside food allowed in Cheney Stadium. \*Price of admission (non-refundable) is included in **the trip price.** Wheelchair transportation is not provided for this trip. 10:30 am-3:30 pm W Kent Commons L. Wagie 1 sess/\$40



# Technology ACCESS THE FUTURE COMPUTER CLASS

A computer class designed for individuals with developmental and/or physical delays. Class meets at the Kent Senior Activity Center in the computer training lab. \*Please note registration is limited to one class per quarter (Monday OR Tuesday) due to space limitations.

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57952 M	2:30 pm-4:00 pm	3/28-5/23
57953 Tu	3:30 pm-5:00 pm	3/29-5/24
Kent Senior	J. McLaughlin	8 sess/\$54
Activity Center		

#### Summer

57954 M	2:30 pm-4:00 pn	n 6/20-8/15*
57955 Tu	2:30 pm-4:00 pn	n 6/21-8/16*
Kent Senior	J. McLaughlin	8 sess/\$48
Activity Cen	ter	
*No cláss 7/-	1, 7/5	

# Cooking COOKING-BASIC SKILLS

Learn the basic skills of preparing a meal. Enjoy nutritious food with friends and have fun learning to cook.

57956 Tu 5:30 pm-7:00 pm 3/29-5/24 Kent Commons J. Reynolds 9 sess/\$63

#### **TEEN COOKING AND NUTRITION**

This class will focus on quick, simple and health snacks and meals as well as learning about basic nutrition through games and guest speakers. 57957 M 11:00 am-12:30 pm 4/11-6/6\* Kent Commons J. McLaughlin 8 sess/\$56



# **Health and Fitness**

## **MOVIN' AND GROOVIN'**

A parent-child play program designed for children with and without disabilities, involving gross motor play, action songs, singing and parachute time.

#### 15 months to 24 months

5/958	Г	9:30 am-10:30 am	4/1-0/24
<b>2 years</b> 57960	<b>to</b> :	3 years 10:45 am-11:45 am	4/1-6/24

2 years to 4 years

57962 F 12:00 pm-1:00 pm 4/1-6/24 SKIP/CTC C. Staff 13 sess/\$78

## **FLEXI-FIT & FUN**

This creative fitness program focuses on improving strength, balance, coordination and endurance.

#### Spring

57964	M	2:45 pm-3:45 pm	3/28-6/6*
57965	M	4:00 pm-5:00 pm	3/28-6/6*
Kent Co	mmons	L. Wagie	9 sess/\$54
*No clas	s 4/4, 5/3	.0	

#### Summer

57966 Tu	12:30 pm-1:30 pm	6/28-8/16
Kent Commons	L. Wagie	8 sess/\$48

#### **ZUMBA TONING**

This class will target toning as well as cardio; participants will hold 1 lb maracas during class. Please wear comfortable workout clothing. 57967 Tu 12:00 pm-1:00 pm 3/29-6/7\* Kent Commons K. Caplan 10 sess/\$50

#### **ZUMBA**

Get in shape the Zumba party way, dancing to high energy Latin music. Try it once and you will be hooked, there is no other like it. This class is designed for people with developmental and physical disabilities.

#### Spring

57968 Th	1:15 pm-2:15 pm	3/31-6/9*
Kent Commons	K. Caplan	10 sess/\$50
*No class 4/7		

#### Summer

57969 Th	1:15 pm-2:15 pm	6/30-8/18
Kent Commons	K. Caplan	8 sess/\$40

#### TRAIL WALKING

Take a fitness-paced walk near ShoWare and on the Interurban Trail. Walking poles will be available for those wishing an additional workout for your core and posture.

57970 Th 2:45 pm 3:45 pm 6/30-8/18 Kent Commons L. Wagie 8 sess/\$40

# Creative Arts CREATIVE ART SPACE

Let's get creative! Creative Art Space is an inclusive program designed to bring out the artist in everyone. Using typical art mediums as well as unconventional "found" objects, instructors work with artists of all skill levels to create unique, one-of-a-kind masterpieces to take home and enjoy with their family and friends

#### Spring

57971 Tu	10:00 am-12:00 pm	4/5-6/7
57972 Th	10:00 am-12:00 pm	4/7-6/9
Kent Commons	J. McLaughlin	10 sess/\$110

#### Summer

57973 Tu	10:00 am-12:00 pm	6/28-8/16
57974 Th	10:00 am-12:00 pm	6/30-8/18
Kent Commons	J. McLaughlin	8 sess/\$88

#### **WORKSHOP THEATER FOR ALL**

Students will learn what it is to act in live theater. We will learn basic theater and stage skills though games, activities, and improv. We will work with a script and put on a stage production during our last class.

#### All ages (14 and up)

58806 Tu	1:30 pm-3:00 pm	3/29-6/7
Kent Commons	C. Ayres-Graves	9 sess/\$54
*No class 4/5, 4/	19 ´	



## **SERVICES**

# M.S. Support Group

Meets at the Senior Activity Center the third Thursday of the month from 10:00 a.m. to 12:00 noon. Spring/Summer schedule: 4/21, 5/19, 6/16, 7/21 and 8/18. For more information, call Lisa Boon at (253) 630-1722.

# NAMI (South King County)

Support and education for anyone who has or is involved with someone who has a mental illness. Meetings are held on the second and fourth Tuesdays of the month from 6:30–8:30 p.m. at the Alliance Center, 515 W. Harrison. Spring/Summer schedule: 4/11, 4/25, 5/10, 5/24, 6/14, 6/28, 7/12, 7/26, 8/9 and 8/23. For information, call Jim Adams at (425) 643-7622.

# Sports SPRING

## **DEVELOPMENTAL SWIMMING**

**Beginners Swimming** 

This course is designed for individuals 8 years and up who have never been in the water before, or need to build confidence in the water. Instructors will work with participants on floating independently, kicking your legs from the wall, and the very basics of swimming. This is a group instruction class, so if you need a 1:1 in the water you will need to bring a care provider with you. 57975 Sa 9:00 am-9:45 am 3/26-5/28\* Kent Meridian Pool J. McLaughlin 9 sess/\$54

**Basic to Intermediate Swimming** 

This course in designed for individuals with developmental/and or physical disabilities. Individuals will learn stroke development and basic to intermediate swimming skills.

57976 Sa 10:00 am-10:45 am 3/26-5/28\* Kent Meridian Pool J. McLaughlin 9 sess/\$54 \*No class 4/16

#### **DOLPHINS SWIM TEAM**

This course is designed for individuals 8 and up, with developmental and/or physical disabilities, to improve swimming skills and strokes; including participating in Special Olympics spring quarter. Must have basic swimming skills mastered. **Regional tournament 4/16**, State tournament for those who qualify 6/4. \*Regional tournament included in the number of sessions. 57444 Sa 11:00 am-12:00 pm 3/26-5/28\* Kent Meridian Pool J. McLaughlin 10 sess/\$65 \*No class 4/16

# SUMMER SOFTBALL

Bring your own mitt and learn the basic softball fundamentals, including participation in the regional Special Olympics tournament. Last practice of the season will be held at Van Doren's Landing (21861 Russell Rd) for a potluck BBQ. Athletes must have current medical form submitted by 7/1. \*Price includes regional tournament.

57977 W 6:30 pm-8:00 pm 6/29-8/10 Uplands Playfield K. Bigelow 8 sess/\$56

## **T-BALL**

Bring your own mitt and learn the basic T-ball fundamentals, including participation in the regional Special Olympics tournament. Last practice of the season will be held at Van Doren's Landing (21861 Russell Rd) for a potluck BBQ. Athletes must have current medical form submitted by 7/1. \*Price includes regional tournament.

57978 W 6:30 pm-8:00 pm 6/29-8/10 Kent Memorial Park A. Woodley 8 sess/\$56

# **Spring/Summer Sports Programs**

DAY	PROGRAM	TIME	LOCATION
Tuesday	Golf	7:00-8:00 pm	Riverbend Golf Course
Wednesday	Spring Track & Field	6:30-8:00 p.m.	Mill Creek Middle School
	Spring Cycling	6:30-8:00 pm	ShoWare Parking/Kent Commons
	Summer T-Ball	6:30-8:00 pm	Kent Memorial Park, Field 2
	Summer Softball	6:30-8:00 pm	Uplands Playfield
Saturday	Swimming x3	9:00 a.m12 noon	Kent Pool
	Tennis	6:00-7:00 p.m.	Boeing Tennis Center

## **CHEER TEAM**

This class will focus on learning cheers, group dance routines and spirit. Cheer participants may participate in select Special Olympics events. \*Sessions include end of season BBQ at Van Doren's Landing.

57979 Tu 7:00 pm-8:00 pm 3/29-5/24 Kent Commons R. Buckley 10 sess/\$60

# MEDICAL FORMS/ COMPETITION INFORMATION

To participate in Special Olympics training programs and tournaments, applicants must have a current Application of Participation (medical form) on file with Adaptive Recreation. Medical forms are good for up to three (3) years. Please call (253) 856-5030 if you have questions.



# **THANK YOU**

Employees Recycling Program,
Kent Parks Foundation,
Quota International of Kent Valley
and Thunderbirds Community Sports
Foundation for your continued support
and community partnership with
Kent Parks' Adaptive Recreation/
Youth & Teen Programs.

#### **CYCLING**

Bring you own bike and helmet and join us for some great exercise and competition. Must be able to ride a bike or tricycle. The cycling team will attend the state Special Olympics tournament at Joint Base Lewis-McCord. 57980 W 6:30 pm-8:00 pm 4/6-6/1 Kent Commons E. Cooper 9 sess/\$63

## **TRACK AND FIELD**

Events include running, walking, shot put, jumps, wheenchair events and relays. Includes participation in Special Olympics tournaments with MANDATORY PRACTICE REQUIRED. 57445 W 6:30 pm-8:00 pm 3/23-6/1\* Mill Creek Middle School L. Wagie 10 sess/\$60 \*No class 4/6

# **QUARTERLY**

#### **TENNIS**

Learn basic tennis skills from a pro! This inclusive program is designed for individuals with special needs ages 12 and up; or with instructor approval.

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57981 Sa 6:00 pm-7:00 pm 4/2-6/4\* Boeing Employees A. Overland 9 sess/\$54 Tennis Club \*No class 5/28

Summer

57982 Sa 6:00 pm-7:00 pm 7/9-8/13 Boeing Employees A. Overland 6 sess/\$36 Tennis Club

#### **GOLF**

Learn to play golf at Riverbend with a pro in this inclusive program which teaches putting, chipping, pitching and driving.

Spring

57983 Tu 7:00 pm-8:00 pm 5/3-5/31

Summer

57984 Tu 7:00 pm-8:00 pm 6/21-7/19 Riverbend Golf Course 5 sess/\$50





# 6,701 Yards • Par 72 18-Hole Championship Golf Course

1,174 Yards Par 3 Golf Course • 9-Hole

# **Covered Driving Range**

Miniature Golf Course

# **Award winning Pro Shop**

Mick Kelly's Irish Pub and Restaurant

# 2016 Events

**April 6-8** 

Spring Break Jr Golf Camp

# **April 16**

Spring Demo Day

# **June 11-12**

20th Annual 2 Man @ the 'Bend

# **July 11-14**

Summer Jr. Golf Camp

**August 13-14** 

22nd Annual Riverbend Amateur

## **A City of Kent Facility**

2019 W. Meeker St., Kent, WA 253.TEE.TIME riverbendgolfcomplex.com facebook.com/riverbendgolfcomplex @cityofkent

# **18 HOLE GREEN FEES**

Monday - Fri	iday		
	Jan-Feb/ Nov-Dec	Mar-Oct	April-Sept
9 Holes	\$16	\$18	\$22
9 Holes Sr./Military	\$15	\$16	\$18
9 Holes Junior	\$8	\$8	\$8
18 Holes	\$26	\$32	\$36
18 Holes Sr./Military	\$24	\$26	\$28
18 Holes Junior	\$16	\$16	\$18
Twilight	\$16	\$18	\$22

Saturday - Sunday & Holidays					
	Jan-Feb/ Nov-Dec	Mar/Oct	May-Sept		
9 Holes	\$18	\$20	\$24		
9 Holes Junior	\$9	\$9	\$9		
18 Holes	\$30	\$36	\$40		
18 Holes Junior	\$16	\$18	\$18		
Twilight	\$18	\$22	\$24		

	9 Holes	18 Holes		9 Holes	18 Holes		9 Holes	18 Holes
Pull Cart	.\$3	\$5	Power Cart	\$9	\$14	Rental Clubs	.\$15	\$25

PAR 3 COURSE					DRIVING	
Monday - Fri	iday		Saturday - S	unday & F	RANGE	
	Oct -Mar	Apr-Sept		Oct -Mar	Apr-Sept	Small \$6.00
9 Holes	\$10	\$12	9 Holes	\$12	\$14	Small Senior \$5.50
9 Holes Sr./Military	\$9	\$10	9 Holes Sr./Military	\$10	\$12	Small Junior \$4.50
9 Holes Junior	\$5	\$6	9 Holes Junior	\$6	\$7	Large\$10.00
Back 9	\$9	\$9	Back 9	\$9	\$10	Large Senior \$9.00
Twilight	\$9	\$9	Twilight	\$10	\$10	Large Junior\$8.00
Pull Cart	\$3	\$3	Pull Cart	\$3	\$3	40 Small Bucket Pass\$140

# **GOLF INSTRUCTION**

	Adult	Junior
30 Minute Private	.\$50	\$45
60 Minute Private	.\$90	\$80
Series of 4, 30 Minute Private	.\$180	. \$160

#### Instructors:

Marti O'Neill, PGA Head Professional Eric Hinrichs, PGA Professional Josh Immordino, PGA Professional Jon Shabel, PGA Assistant Professional Justin Harvey, PGA Apprentice



# **ADULT PROGRAMS**

# **Cooking**

## FROM INDIA WITH SPICE

These workshops are taught by Meena Sharma, experienced caterer, cook and instructor. All supplies are included. New recipes will be introduced. Bring an apron.

#### INDIAN I

Chicken korma curry, southern green beans with coconut.

58676 M 7:30 pm-9:30 pm 5/23

#### INDIAN II

Spicy garbanzo beans and 'parathas' (whole wheat grilled bread).

 58677
 M
 7:00 pm-9:00 pm
 6/6

 Kent Commons
 M. Sharma
 1 sess/\$22

#### **ITALIAN COOKING**

Italy is the home of good cooking and the next best thing to being there is being in the company of an renowned Italian chef. Share recipes and samples as you learn to make nutritious and healthy meals. All supplies included.

#### **PASTA**

Learn to make homemade pasta and fillings such as ravioli, tortellini and other basic pasta shapes.

58657 W 6:30 pm-8:30 pm 4/6

58665 W 6:30 pm-8:30 pm 8/3

#### **SAUCES**

White or red? The secret is in the sauce! Learn the secrets of great sauces and how they enhance various dishes.

58658 W 6:30 pm-8:30 pm 4/13 58666 W 6:30 pm-8:30 pm 8/10

#### **BREAD & PIZZA**

Learn to make this rustic country bread recipe. From this recipe, you will make variations from breadsticks to pizza. All recipes and samples included.

58659 W 6:30 pm-8:30 pm 4/27

# DESSERT

Learn to make biscotti, puff pastry, tiramisu and other popular, heavenly Italian desserts.

58660 W 6:30 pm-8:30 pm 5/4
58667 W 6:30 pm-8:30 pm 8/24

#### **BEEF - ITALIAN STYLE**

Come and learn some ways of making beef 'Italian style' and spice up your dinner.
58661 W 6:30 pm-8:30 pm 5/11

#### **CHICKEN - ITALIAN STYLE**

Come and learn some ways of making chicken 'Italian style' and spice up your dinner. 58662 W 6:30 pm-8:30 pm 5/25

#### 36002 W 0.50 pm-6.50 pm 5/

#### FISH - ITALIAN STYLE

Come and learn some ways of making fish 'Italian style' and spice up your dinner.
58663 W 6:30 pm-8:30 pm 6/1

#### **PORK - ITALIAN STYLE**

Come and learn some ways of making pork 'Italian style' and spice up your dinner.

58664 W 6:30 pm-8:30 pm 6/15 Kent Commons N. Hamilton 1 sess/\$22

#### **ITALIAN COOKING ON A BUDGET**

Preparing and eating a decadent Italian style meal is more affordable than you think. Let me show you how! Cooking demonstration and samples will be shared at class.

Sarriples will be shared at class. 58671 W 6:30 pm-8:30 pm 6/22 58672 W 6:30 pm-8:30 pm 8/31 Kent Commons N. Hamilton 1 sess/\$22

## **MEDITERRANEAN COOKING**

Garlic, capers, olive oil, tomatoes and olives are some of the staples of Mediterranean cooking. Learn to make a complete meal from appetizers to main dishes in this workshop using these staples along with a cadre of fresh vegetables and healthy ingredients. All recipes and samples shared.

 58669
 W
 6:30 pm-8:30 pm
 6/8

 58670
 W
 6:30 pm-8:30 pm
 8/17

 Kent Commons
 N. Hamilton
 1 sess/\$22

#### **THAI COOKING**

Explore some of the basic cooking techniques and ingredients of Thai food as you experiment with various spices and food combinations in this hands-on workshop. Recipes and samples shared.

#### THAI I

Thai chicken, sweet potato soup and Thai salad. 58673 M 7:30 pm-9:30 pm 5/2

#### THAI II

Thai red beef and peanut curry with pineapple fried rice.
58674 M 7:30 pm-9:30 pm 5/9

#### THAI III

Thai chicken cakes and vegetable fried rice.
58675 M 7:30 pm-9:30 pm 5/16
Kent Commons M. Sharma 1 sess/\$22

# **Creative Arts**

## **DRAWING**

Bring a sketch book and pencils for one hour of sketching and improving drawing abilities with individual help from artist/instructor. Fun projects planned for students to sample a variety of interpretations of art.

58762 W	1:00 pm-2:00 pm	4/6-4/27
58763 W	1:00 pm-2:00 pm	5/4-5/25
58764 W	1:00 pm-2:00 pm	6/1-6/22
Kent Commons	C. McNiel	4 sess/\$30

## **MATTING & FRAMING BASICS**

Proper matting and framing can set off any piece of art or photography. In this hands-on-workshop you will learn measuring techniques and tips for cutting single and double mats, how to prep and mount your artwork, properly clean glass and enclose with backing board and dust cover with appropriate hanging hardware. End result will be a professional looking matted and framed piece of work. Supply list will be provided on registration.

58690 Tu 12:30 pm-4:30 pm 6/28 Kent Commons J. Iwasaki 1 sess/\$45

## WATERCOLOR PAINTING

Come experience the joy and beauty of watercolor painting. Learn traditional and experimental watercolor techniques and application. Class includes demonstration, individual assistance, discussion and critique. Instructor continually introduces new methods and projects. Beginners - intermediate. Supply list will be mailed.

58686 Tu	1:00 pm-3:00 pm	3/22-4/26
58688 Th	1:30 pm-3:30 pm	3/24-4/28
58687 Tu	1:00 pm-3:00 pm	5/10-6/14
58689 Th	1:30 pm-3:30 pm	5/12-6/16
Kent Commons	J. Iwasaki	6 sess/\$60

# WATERCOLOR PAINTING ON MASA PAPER

Try watercolor techniques on a thin rice paper, producing a variety of textures and results. Learn how to prep and mount your masterpiece for framing. Bring brushes, paint, watercolor supplies. Masa Paper will be provided.

58691 Tu 12:00 pm-4:00 pm 6/21 Kent Commons J. Iwasaki 1 sess/\$45

# WATERCOLOR PAINTING ON RIVES PAPER

Experience the difference of painting watercolor on print making paper. This 100% cotton, smooth absorbent paper provides a surface that creates very interesting effects by spritzing, scraping, imprinting, combined with other watercolor techniques. Bring brushes, paint, watercolor supplies. Rives paper will be provided.

58692 Tu 12:30 pm-4:30 pm 7/12 Kent Commons J. Iwasaki 1 sess/\$45

# Dance ADULT IRISH DANCE

Dancers will learn both traditional Irish step (solo) and Ceili (group) dance. Students will work on basic movements, proper posture, form and rhythm. Wear comfortable clothing, Irish ghillies suggested.

 58693
 Tu
 8:30 pm-9:30 pm
 4/12-6/7

 Kent Commons
 P. Martig
 9 sess/\$110

 58694
 Tu
 7:30 pm-8:30 pm
 6/14-7/19

 Kent Commons
 P. Martig
 5 sess/\$62



# ADULT PROGRAM

## **BEGINNING BALLET (Ages 16+)**

Basic level ballet steps, beginning level barre and centre floor. A great class for stretching and toning. Ballet shoes required. Drop-ins are welcome at \$8 per class.

58695 F	6:00 pm-7:00 pm	4/8-6/3
Kent Commons	M. Murphy-Brown	8 sess/\$52
E0606 Tu	6.15 nm 7.15 nm	7/5 0/16

58696 Tu 6:15 pm-7:15 pm 7/5-8/16 7 sess/\$49 Kent Commons M. Murphy-Brown

#### **BEGINNING BELLY DANCING**

All ages/all sizes welcome. The benefits of yoga, and non-impact aerobics at the same time. Body isolations, shimmy techniques and much more. Two beginning topic sets available. Visit www. sagra.net for more information.

58765 58766 58775 58776 58776 58767 58768 58777 58778 58769 58779 58780 58771 58772 58781 58782 58781 58773	TU TH TH TU TH TH TU TH TH TU	12:00 pm-1:30 pm 6:00 pm-7:30 pm 1:30 pm-3:00 pm 7:15 pm-8:45 pm 12:00 pm-1:30 pm 6:00 pm-7:30 pm 1:30 pm-3:00 pm 7:15 pm-8:45 pm 12:00 pm-1:30 pm 6:00 pm-7:30 pm 1:30 pm-3:00 pm 7:15 pm-8:45 pm 12:00 pm-1:30 pm 6:00 pm-7:30 pm 1:30 pm-3:00 pm	4/5-4/26 4/5-4/26 4/7-4/28 4/7-4/28 5/10-5/31 5/10-5/31 5/12-6/2 6/7-6/28 6/7-6/28 6/9-6/30 7/12-8/2 7/12-8/2 7/14-8/4 8/9-8/30 8/9-8/30
58774 58783	Tu Th		8/9-8/30 8/11-9/1
58784	Th	7:15 pm-8:45 pm	8/11-9/1
Sagra's S	itudio	S. Raybuck	4 sess/\$45

## **CONTINUING BELLY DANCING**

International instructor Sagra's layered teaching technique is appropriate for all levels of continuing dancers, from newly intermediate to professional. See www.sagra.net for complete information.

58785	Tu	1:30 pm-2:45 pm	4/5-4/26
58786	Tu	7:30 pm-8:45 pm	4/5-4/26
58795	W	5:45 pm-7:00 pm	4/6-4/27
58800	Th	12:15 pm-1:30 pm	4/7-4/28
58801	Th	6:00 pm-7:15 pm	4/7-4/28
58787	Tu	1:30 pm-2:45 pm	5/10-5/31
58788	Tu	7:30 pm-8:45 pm	5/10-5/31
58796	W	5:45 pm-7:00 pm	5/11-6/1
58802	Th	12:15 pm-1:30 pm	5/12-6/2
58803	Th	6:00 pm-7:15 pm	5/12-6/2
58789	Tu	1:30 pm-2:45 pm	6/7-6/28
58790	Tu	7:30 pm-8:45 pm	6/7-6/28
58797	W	5:45 pm-7:00 pm	6/8-6/29
58804	Th	12:15 pm-1:30 pm	6/9-6/30
58807	Th	6:00 pm-7:15 pm	6/9-6/30
58791	Tu	1:30 pm-2:45 pm	7/12-8/2
58792	Tu	7:30 pm-8:45 pm	7/12-8/2
58798	W	5:45 pm-7:00 pm	7/13-8/3
58808	Th	12:15 pm-1:30 pm	7/14-8/4
58809	Th	6:00 pm-7:15 pm	7/14-8/4
58793	Tu	1:30 pm-2:45 pm	8/9-8/30
58794	Tu	7:30 pm-8:45 pm	8/9-8/30
58799	W	5:45 pm-7:00 pm	8/10-8/31
58810	Th	12:15 pm-1:30 pm	8/11-9/1
58811	Th	6:00 pm-7:15 pm	8/11-9/1
Sagra's S	Studio	S. Raybuck	4 sess/\$45

## **DANCE LESSONS (Ages 16+)**

Learn to dance for the fun of it! It's so much fun you won't even realize how much exercise you're getting. The classes are light hearted and you'll be dancing by the end of the first class. All of these dances are suitable for beginners and those new to partner dancing - quaranteed to be fun and easy for all! Classes now held at the Kent Commons Building, No partner required and drop-ins welcome at \$12 per class.

#### WEST COAST SWING

This is our dance - born on the west coast! The coolest form of swing, danced to blues, jazz, contemporary and more. It's perfect for all ages! 6:00 pm-7:00 pm 58710 M 5/9-6/13 No class 5/30

#### DANCE SURVIVAL

This is your chance to give dancing a whirl! It's guaranteed fun with lots of time to practice. We want you to enjoy the upcoming party or wedding and be able to enjoy dancing with any song. 58711 M 7:00 pm-8:00 pm No class 5/30

#### ARGENTINE TANGO

You've seen it on Dancing with the Stars! Come experience Argentine Tango dancing. You'll be introduced to this unique, special dance in a fun, easy environment. 58712 M 8:00 pm-9:00 pm 5/9-6/13 No class 5/30

#### **EAST COAST SWING**

If you learn just one dance, this is it. It's the fun, easy 'American dance' done to many types and speeds of music. 6:00 pm-7:00 pm 58713 M 6/20-7/25

# No class 7/4 BALLROOM

Glide across the floor to all-time dance favorites like Waltz, Fox Trot, and American Tango. Whether you are preparing for a special occasion, or you just want to have fun, this class will help you become a confident dancer. 58714 M 7:00 pm-8:00 pm 6/20-7/25 No class 7/4

#### **NIGHT CLUB 2-STEP**

This dance adds variety to the swaying done to those slow, romantic songs played often at parties and dances. It's easy and oh, so romantic. 6/20-7/25 58715 M 8:00 pm-9:00 pm No class 7/4

#### **WEST COAST**

This is our dance - born on the west coast! The coolest form of swing, danced to blues, jazz, contemporary and more. It's perfect for all ages! 6:00 pm-7:00 pm 8/1-8/29 58716 M

## **BALLROOM RHYTHM**

Learn to dance those spicy Latin rhythms like cha cha, rumba, and salsa with a little swing thrown

58717 M 7:00 pm-8:00 pm 8/1-8/29

#### **JITTERBUG**

The classic swing dance done to fast songs (don't worry, it's not too aerobic). Think big band or Dick Clark dancing (not acrobatics). 58718 M , 8:00 pm-9:00 pm 8/1-8/29 Kent Commons M. Imlay 5 sess/\$50

## JAZZ DANCE (Ages 16+)

Will work for strength and flexibility. Class works on short combinations and complete jazz routines. Beginning to intermediate level welcome. Drop-ins welcome at \$8 per class.

58698 Th	7:45 pm-8:45 pm	4/7-6/2
Kent Commons	M. Murphy-Brown	9 sess/\$63
58699 Th	6:00 pm-7:00 pm	7/7-8/18
Kent Commons	M. Murphy-Brown	7 sess/\$49

## TAP DANCE (Ages 16+)

Beginning/Continuing

Learn tap combos and routines in this energetic class. Drop-ins welcome at \$8 per class.

Beginning		
58701 F	7:45 pm-8:45 pm	4/8-6/3
Kent Commons	M. Murphy-Brown	8 sess/\$56
No class 5/27	. ,	

	M. Murphy-Brown	7 sess/\$49
58702 W 7	3:00 pm-4:00 pm 7:45 pm-8:45 pm M. Murphy-Brown	4/5-5/31 4/6-6/1 9 sess/\$63

58706 Tu	3:00 pm-4:00 pm	7/5-8/16
58707 W	7:45 pm-8:45 pm	7/6-8/17
Kent Commons	M. Murphy-Brown	7 sess/\$49

<b>Advanced</b> 58700 Tu Kent Commons	7:15 pm-8:15 pm M. Murphy-Brown	4/5-5/31 9 sess/\$63
58704 Tu	7:15 pm-8:15 pm	7/5-8/16
Kent Commons	M. Murphy-Brown	7 sess/\$49

# General

# **WALKING MEDITATION**

These guided walks cultivate a peaceful mind and joyful heart that can better appreciate and enjoy the beauty of natural surroundings.

58719 Su 7:00 pm-8:00 pm 5/22 Soos Creek Park M. Imlay 1 sess/FREE

# WRITING FOR CHILDREN & GETTING PUBLISHED

For the novice writer, we'll explore plot, character, view point, and dialogue. Class also covers how to submit a manuscript and getting published. Lots of tips and plenty of time for questions.

58709 Th	1:00 pm-3:30 pm	4/14
58708 W	6:30 pm-9:00 pm	5/11
Kent Commons	A. Rubeck	1 sess/\$29

# **ADULT PROGRAMS**

## **DOG OBEDIENCE**

Join us in one of our many dog obedience classes. Instructor Jennifer Schneider owns Pick of the Litter Dog Training, and is a certified Pet Dog Trainer. For more information visit www.pickofthelitterdogtraining.com. **All classes held at the Kent Memorial Park Building. No Class 5/8, 6/19, 7/13** 

#### **PUPPY KINDERGARTEN**

Puppies are like sponges - they soak up everything around them and learn new things quickly. Take advantage of this time by getting your puppy into puppy class right away. Your puppy will play off leash with other puppies, get to meet lots of new people, explore safe agility equipment, and learn age appropriate obedience skills, such as sit, come, and walking without pulling. You will receive customized solutions to the problems you are having at home, such as nipping, potty training, jumping up, and chewing. For puppies 8 weeks to 5 months old (up to 6 months for small breed puppies).

58824	M	6:30 pm-7:30 pm	3/28-5/2
58823	Su	2:30 pm-3:30 pm	4/10-5/22
58825	W	7:45 pm-8:45 pm	4/27-6/1
58820	M	6:30 pm-7:30 pm	5/16-6/20
58826	Su	2:30 pm-3:30 pm	6/5-7/17
58827	W	7:45 pm-8:45 pm	6/29-8/10
58814	M	6:30 pm-7:30 pm	8/1-9/12
Kent Me	emorial Par	k J. Schneider	6 sess/\$95

## **BASIC MANNERS**

We know that you are tired of your dog pulling on the leash, running off instead of coming to you, and jumping up on everyone. We have a plan to help you. Enroll in our results based, pain free, introductory dog training class, and your dog will learn to sit and stay, walk nicely on leash, come when you call, and lie down and relax. You will be shown how to use these behaviors in real life situations, with and without treats. Your dog will learn to socialize with other dogs calmly and sit to say hello to people. You will receive customized solutions to help with the behavior problems you are having at home. The result will be a well trained dog that listens consistently, even when distracted by other things. For dogs 5 months of age and older.

58829 58828 58830 58819 58831	M Su W M Su	5:15 pm-6:15 pm 3:45 pm-4:45 pm 6:30 pm-7:30 pm 5:15 pm-6:15 pm 3:45 pm-4:45 pm	3/28-5/2 4/10-5/22 4/27-6/1 5/16-6/20 6/5-7/17
58832	W	6:30 pm-7:30 pm	6/29-8/10
58813	M	5:15 pm-6:15 pm	8/1-9/12
Kent Me	morial Park	J. Schneider	6 sess/\$95
No class	: 5/8		

## **INTERMEDIATE MANNERS**

For graduates of Basic Manners. Take your dog's training to the next level. In this class, you will continue to practice and strengthen all the behaviors you taught in Basic Manners, but add a higher level of difficulty, distraction and distance to those behaviors. You will learn how to wean away treats effectively, without losing the behaviors you worked so hard to achieve, as well as how to use life rewards to motivate your dog to have real life manners. During the last week of class, you will have to opportunity to earn your dog's Canine Good Citizen certificate.

58833	Su	1:15 pm-2:15 pm	6/5-7/17
Kent Me	morial Pa	ark J. Schneider	6 sess/\$95
No class	6/19		



#### **FEISTY FIDO**

For dogs who behave inappropriate around other dogs (growling, lunging, barking). Learn specific skills to help your dog behave and relax in the presence of other dogs. Provides gradual and controlled on-leash exposure to other dogs, along with basic obedience instruction. No dogs first class

58835 Th 7:45 pm-8:45 pm	4/14-5/19
58836 W 5:15 pm-6:15 pm	4/27-6/1
58837 Th 6:30 pm-7:30 pm	5/26-6/30
58838 W 5:15 pm-6:15 pm	6/29-8/10
58815 Th 7:45 pm-8:45 pm	7/28-9/1
Kent Memorial Park J. Schneider 6	sess/\$115

## **FEISTY FIDO LEVEL 2**

Continuation of the skills learned in Feisty Fido. This class is the next step for dogs who behave inappropriately around dogs or people. Continue teaching your dog appropriate social skills. More on-leash practice with parallel walking, passing, approaching and greeting dogs or people, but from decreasing distances, including up close interactions. Includes basic manners skills - stay, come, and heel. Prerequisite: Feisty Fido.

58840	Th	6:30 pm-7:30 pm	4/14-5/19
58839	Th	7:45 pm-8:45 pm	5/26-6/30
Kent Me	morial	Park J. Schneider	6 sess/\$115

## **JUST FOR FUN AGILITY**

Non-competitive, on leash introduction to the fun sport of dog agility. You will teach your dog to jump over hurdles, rush through tunnels, leap through a tire jump, weave around poles, hop up on to a table, balance on a wobble board and walk through a ladder. You will start with short courses and progress to longer, more complex courses as your dog builds confidence with the equipment.

58821 M 7:45 pm-8:45 pm 3/28-5/2 Kent Memorial Park J. Schneider 6 sess/\$95

## **SNIFF IT OUT - NOSE GAMES**

This is a great rainy day activity to play with your dog. You will learn how to encourage and guide your dog's natural scenting ability, desire to hunt, and problem solving skills by teaching your dog to find treats hidden in different places and under different items. This class gives your dog a specific job to do, providing both mental and physical stimulation, while also building confidence.

58822 M	7:45 pm-8:45 pm	5/16-6/20
Kent Memorial Park	J. Schneider	6 sess/\$95

# ADVANCED MANNERS - RALLY OBEDIENCE

Continue to proof and practice the skills you learned in Basic Manners. Class adds a higher level of difficulty and distraction and introduced new, more advanced skills.

58816	Th	6:30 pm-7:30 pm	7/28-9/1
Kent Me	morial	Park J. Schneider	6 sess/\$95

## **PUPPY NEXT STEP**

For graduates of Puppy Kindergarten. Since your puppy is now a little bit older, you can start teaching more mature behaviors, such as sit stay, come to you from a distance, walk at your side, and lie down and relax on a bed or blanket. But, just like Puppy Kindergarten, we include lots of off leash playtime with other puppies and the opportunity to meet and socialize with many new people. And, we can help with those re-emerging puppy problems, like jumping up on people, barking, play biting and excitability. For puppies 4-10 months of age.

5881/	Su	1:15 pm-2:15 pm	4/10-5/22
58834	M	7:45 pm-8:45 pm	8/1-9/12
Kent Mer	morial Park	J. Schneider	6 sess/\$95

# Health and Fitness YOGA MOVING WITH BODY & MIND

Find the ease of moving which will lead to deep relaxation. You will stretch, learn to coordinate your breathing and learn basic yoga moves and techniques. Please bring a mat and large towel to class.

58739 M	6:00 pm-7:00 pm	4/25-5/23
Kent Commons	C. Rosenfield	5 sess/\$40
58742 W 58743 W Kent Senior Activity Center	6:00 pm-7:00 pm 6:00 pm-7:00 pm C. Rosenfield	4/27-5/25* 6/1-6/29* 5 sess/\$40
58740 M	6:00 pm-7:00 pm	6/6-6/27
Kent Commons	C. Rosenfield	4 sess/\$32
58744 W Kent Senior Activity Center	6:00 pm-7:00 pm C. Rosenfield	7/6-8/3* 5 sess/\$40

6:00 pm-7:00 pm

\*Wednesdays at Kent Senior Activity Center

7/11-8/1

4 sess/\$32

# Martial Arts BEGINNING AIKIDO

Kent Commons C. Rosenfield

58741 M

Aikido emphasizes redirecting the opponent's momentum and power to apply sweeps, throws, locks and holds. Aikido allows you to safely subdue your attacker without the use of extreme force.

58746 M	6:15 pm-7:15 pm	4/4-6/6
58747 M	6:15 pm-7:15 pm	6/20-8/29
ACMMA	R. Dye	10 sess/\$80
No class 7/4	•	

## **CARDIO-KICKBOXING**

Burn fat, relieve stress, tone and strengthen muscles, all while learning basic self-defense techniques. Class involves bag work, wristwraps or bag gloves are strongly recommended.

58748	M, W	6:15 pm-7:15 pm	4/4-4/27
58749	M, W	6:15 pm-7:15 pm	5/2-5/25
58750	M, W	6:15 pm-7:15 pm	6/6-6/29
58751	W, M	6:15 pm-7:15 pm	7/6-8/1
58752	M, W	6:15 pm-7:15 pm	8/8-8/31
<b>ACMMA</b>	4	R. Dye	8 sess/\$70

# KENDO-JAPANESE SWORDSMANSHIP (15+)

Doginaina

Develop confidence and learn the culture and etiquette of Japan. Focus on basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include additional equipment costs for continuing and advanced students. Youth and adult classes are combined.

Beginning		
58732 M	7:00 pm-7:50 pm	3/28-5/23
58735 M	7:00 pm-7:50 pm	6/6-8/8
Kent Commons	C. Marsten	9 sess/\$59
No class 7/4		
Continuing		
58733 M	8:00 pm-8:50 pm	3/28-5/23
58736 M	8:00 pm-8:50 pm	6/6-8/8
Kent Commons	C. Marsten	9 sess/\$59
No class 7/4		, ,
Advanced		
58734 W	7:10 pm-9:10 pm	3/30-6/1
58737 W	7:00 pm-8:45 pm	6/8-8/10
Kent Commons	C. Marsten	10 sess/\$65

#### **MARTIAL ARTS OVER 40**

Improve balance, coordination, stamina and strength while learning practical self-defense moves. This is a great alternative workout to the typical gym routine.

c) picai	9,,,,	outilie.	
58753	Th	7:15 pm-8:15 pm	4/7-4/28
58754	Th	7:15 pm-8:15 pm	5/5-5/26
58755	Th	7:15 pm-8:15 pm	6/2-6/23
58756	Th	7:15 pm-8:15 pm	7/7-7/28
58757	Th	7:15 pm-8:15 pm	8/4-8/25
ACMM/	A	R. Dye	4 sess/\$35

# WOMEN'S SELF DEFENSE (Ages 12+)

Come learn how to make life saving decisions in the midst of an adrenal response situation. Techniques in assessing the level of danger, and determining appropriate use of force will be introduced. This course goes beyond developing awareness skills by helping you form a proactive personal safety plan. No martial arts experience is necessary.



# Gardening KING COUNTY MASTER GARDENER SERIES

Please join us at Neely/Soames Homestead for FREE garden-related classes taught by King County Master Gardeners. Bring your questions, experiences, and love of gardening to our informative classes. The Homestead is located at 5311 South 237 Place in Kent. Pre-registration required due to limited space - contact Sharon at (253) 315-2198 or Penny at (253) 941-2628.

#### Vegetable Gardening

Learn the basics of vegetable gardening, site selection, soil testing & amending and crop selection & rotation.

Sa D Homer 10:00 - 11:00 am 4/23

#### **Straw Bale Gardening**

Find out how you can benefit from this new and different style of raised bed/container gardening. Learn the basics of constructing and preparing the bales and how to use them to grow vegetables, herbs and flowers.

Sa C Grimes 10:00 - 11:00 am 5/21

#### **Growing Tomatoes in the Pacific Northwest**

This lecture will cover planting, staking, fertilizing and general care, problems and diseases, harvesting and seed saving, varieties and trends.

Sa M Dillon 10:00 - 11:00 am 6/25

#### **Stop Those Garden Runaways!**

Learn about invasive plants and noxious weeds that are causing problems in our farms, forests and natural areas. Find out what's noxious and what's just obnoxious!

Sa S Shaw 10:00 - 11:00 am 7/23

# **Access Your Account Online!**

Does your account have an unused credit balance? Go to webreg.KentWA.gov to view your account information and history.

Forgot your Pin/Barcode? Click on the My Account tab, select Forgot My Client ID/ Password.

If we have your email address on account, your PIN/Barcode will be automatically sent to you. If you do not have an email on account, please call (253) 856-5000 for assistance.



# FREE INDOOR WALKING

# Monday and Thursday • 9 - 11 a.m.\* ShoWare Center - 625 West James Street

\*Dates may vary depending on the ShoWare Center schedule. For more information and a complete schedule, check on **Kent4Health.com** or call **253-856-5700**.



# **ADULT** PROGRAMS

# Outdoor Sports AMERICA'S BOATING COURSE

Offered by the Poverty Bay Sail and Power Squadron, this basic boating course will satisfy the boater education requirement for the State of Washington and most other states. All boaters born after 1954 now have to have a Boater's Card in their possession to operate any vessel 15 horsepower and over in Washington. Bring a sack lunch. Textbook and CD included - please pick these up prior to class start date at Kent Commons.

 58730
 Sa
 8:00 am-4:00 pm
 5/14

 58731
 Sa
 8:00 am-4:00 pm
 6/18

 Kent Commons
 Staff
 1 sess/\$35

# FLY FISHING PUGET SOUND BEACHES

Cutthroat, resident salmon, and migrating salmon can be taken on flies from the beaches of Puget Sound. Come and learn how. Session one is in the classroom and will discuss tackle, equipment, fly lines, and fly patterns. Session two (optional) will be held on the water of a South Sound beach where you will get hands on fishing and instruction.

58861 Tu 6:30 pm-8:30 pm 6/21 Kent Senior J. Fiskum 1 sess/\$29 Activity Center

Beach outing:

58862 Sa 5:30 am-8:30 am 6/25 South Sound J. Fiskum 1 sess/\$50

## **FLY FISHING ROCKY FORD CREEK**

Learn how to unlock the mysteries of Washington's public Spring Creek and its notoriously large rainbows. In the classroom session, we'll discuss strategies for success on Rocky Ford including the essential fly patterns and their seasonal significance. Class will include a resource guide with hatch charts, pattern lists, lodging and camping info, and info on how to consistently fool these large, finicky trout. After the classroom session there will be an optional outing to Rocky Ford Creek for hands on instruction and fishing. Directions and info will be passed out in session one.

 58858
 Th
 6:30 pm-8:30 pm
 5/12

 Kent Senior
 J. Fiskum
 1 sess/\$29

 Activity Center

**Rocky Ford Creek Outing:** 

58860 Sa 9:00 am-3:00 pm 5/14 Ephrata J. Fiskum 1 sess/\$89

## **FLY FISHING THE CEDAR RIVER**

Come and learn about this great fly fishing resource right in our own backyard. In the classroom session we will discuss water flows and wade-ability, points of access, important insect hatches and fly patterns, plus strategies for success. Class will include a resource guide with tons of info on the Cedar and its fishery. After the classroom session there will be an optional outing to the river for hands on instruction and fishing. Details will be distributed in the classroom session.

58899 Tu 6:30 pm-8:30 pm 7/19 Kent Senior J. Fiskum 1 sess/\$29 Activity Center

**River Outing:** 

58900 Th 6:00 pm-9:00 pm 7/21 Cedar River J. Fiskum 1 sess/\$50

# GEARING UP FOR SPRING FLY FISHING

In this informative classroom session you will learn about the tackle and equipment you will need to be successful in Pacific NW fly fishing. Class will include a resource notebook with info on how to select rods, reels, lines and leaders, plus hot fly patterns and the necessary knots to put it all together. This class will give you straight forward non bias reviews of tackle and help you wade through maze of information out there.

58850 W 6:30 pm-8:30 pm 4/6 Kent Senior J. Fiskum 1 sess/\$29 Activity Center

#### **GET STARTED KAYAKING**

Join us for a pleasant evening on the water as we learn the basics of sea kayaking. We'll cover general safety, equipment, moving forward, backward, sideways and recovery from a capsize. Paddling skills are simplified to get you going quickly. Participants age 17 and under must be accompanied by an adult. Class is taught by Cascade Canoe & Kayaking at the Cedar River Boathouse on Lake Washington. Two class options: June or August.

58985 W 6:00 pm-9:00 pm 6/22 58986 W 6:00 pm-9:00 pm 8/17 1 sess/\$69

#### **HORSEBACK RIDING**

We've got some exciting rides planned for this summer with two different outfitters and in two different regions. Riders must be at least 10 years of age. Directions and what to bring lists will be sent upon registration.

**Suncadia Resort Trail Ride** A great entry level ride on flat terrain near Suncadia Resort. Guided by Three Peaks Outfitters. No prior riding experience necessary.

58987 Sa 10:00 am-12:00 pm 6/18

Crystal Mountain Ride A beautiful trail ride to Boullion Basin in the high country, about two hours in the saddle. This is a great entry-level mountain trail ride. No prior riding experience necessary. Guided by Crystal Mountain Outfitters. 58988 Sa 10:00 am-12:00 pm 7/23 Crystal Mountain 1 sess/\$65

#### INTRODUCTION TO FLY CASTING

Good casting is the key to successful fly-fishing. Rods, reels and lines are available for your use. Class is limited to 8 students and is held at Lake Meridian Park in Kent.

58852 Sa-Su 10:00 am-12:00 pm 4/9-4/10 Lake Meridian Park J. Fiskum 2 sess/\$45

# SOOS CREEK PARK INTERPRETIVE WALKS

Soos Creek Park is one of south King County's prized wetland habitats. Take one of the interpretive walks to learn more about this fascinating area. Visit friendsofsooscreekpark.wikifoundry.com

**Ethnobotony Walk** Come learn the practical uses of our native plants. You'll never see a field of weeds again, just lots of useful stuff.

58720 Sa 1:00 pm-2:30 pm 4/16 Soos Creek Park G. Buzzelli 1 sess/FREE

**Bird Walk** Join us on an interpretive walk looking & listening for over 100 species of birds, including the great horned owl, pileated woodpecker and wood duck.

58729 Sa 9:00 am-10:30 am 5/7 Soos Creek Park J. Miles 1 sess/FREE

**Bat Walk** Come learn about and observe the bats living in the Soos Creek Park. Children with parental supervision welcome. Please dress for the weather.

 58721
 Sa
 8:30 pm-10:00 pm
 6/11

 58727
 Sa
 8:30 pm-10:00 pm
 7/9

 58728
 Sa
 8:00 pm-9:30 pm
 8/6

 Soos Creek Park
 M. Imlay
 1 sess/FREE

**Star Party** Come browse through the universe using binoculars and telescopes. We will enjoy views of the moon, various planets and their moons, stars of all ages, and nebulae. Dress warm and bring flashlights (red filters provided). Cloudy weather, where more than just a few isolated clouds are present, cancels this outing (there will be no notification so look to the sky before you come).

58723 Sa	10:00 pm-11:00 pm	6/11
58725 Sa	10:00 pm-11:00 pm	7/9
58726 Sa	9:30 pm-10:30 pm	8/6
Gary Grant Park	M. Imlav	1 sess/FREE

## **SPRING FLY CASTING TUNE UP**

Designed for the caster with some experience. We will evaluate your casting stoke and make recommendations to improve your efficiency, accuracy and distance. This is also a great refresher course if it's been awhile since you have cast.

58851 Sa 8:00 am-9:30 am 4/9 Lake Meridian J. Fiskum 1 sess/\$29

# STAND UP PADDLE BOARDING LESSON

Stand up Paddle Boarding is the fastest growing water sport in the country. It is easy to learn and can be enjoyed all over the Pacific NW. This evening of instruction will teach you balance, paddle strokes, turns, and build your confidence for all your future adventures. Class is held on Shilshoal Bay or Lake Union, includes board, paddle, PFD and professional instruction. Participants age 17 and under must be accompanied by an adult. Two class options: May or July. Directions and information will be sent upon registration.

58990 Sa 8:15 am-10:00 am 5/21 58991 Sa 8:15 am-10:00 am 7/30 1 sess/\$60

# ADULT PROGRAMS/SPORTS

# **SUMMER STEELHEAD GEAR FISHING TACTICS**

You don't have to stand in icy cold water freezing to death to catch the Northwest's premier sport fish. Summer steelhead opportunities are alive and well both locally and regionally. In the classroom session you will learn about the tackle and equipment, essential lures and baits, and where to go for success. Class will include a resource guide loaded with information about summer steelhead and fishing opportunities. After the classroom session there will be an optional outing to a local river for hands-on instruction and fishing. Rod, reel, and line set ups can be rented from instructor for \$10.

58897 W	6:30 pm-8:30 pm	7/6
Kent Senior	J. Fiskum	1 sess/\$29
Activity Center		

58898 Sa 6:00 am-10:00 am Local River J. Fiskum 1 sess/\$59

# **WENATCHEE RIVER** WHITEWATER RAFT TRIP

Washington's favorite whitewater river offers big waves and sunshine!

58992 Sa	1:30 pm-6:30 pm	6/18
58993 Su	12:00 pm-5:00 pm	6/19
58994 Sa	1:30 pm-6:30 pm	6/25
58995 Su	12:00 pm-5:00 pm	6/26
Wenatchee Rive		1 sess/\$96

## TROUT FLY FISHING STRATEGIES **CRASH COURSE**

Spend the day learning and practicing the skills of fly fishing in this full day of instruction and fishing. Class will be held at the Suncadia Resort and on the Yakima River near Cle Elum, WA. This day will include instruction in casting, still water techniques, and river fishing strategies. We will also cover entomology, fly selection, and safe wading. Rod, reel, and line packages are available to rent from instructor for \$10. An information sheet with meeting place and directions will be sent upon registration.

58857 Sa 4/30 8:00 am-4:00 pm Cle Elum J. Fiskum 1 sess/\$99



# WEDNESDAY NIGHT OPEN WATER **SWIMS AT LAKE MERIDIAN**

Looking for some valuable and fun group training to help you get ready for a triathlon or two this summer? Raise the Bar is offering open water swim workouts to prepare you for your event. The coached swim workout will be done on a buoy course with specific workouts to increase speed, endurance and open water skills. Beginner swimmers can work in a small group with a coach in the shallower water near the shore before moving into the deeper water workout. For more information and to register for the training visit www. weraisethebar.com. Drop-ins welcome RTB members \$10, non-members \$15.

6:30 pm-8:00 pm 6/22-8/24 Lake Meridian Park RTB 10 sess/\$70

## YAKIMA RIVER SCENIC FLOAT TRIP

Enjoy a beautiful float through the Upper Yakima River Canyon from Cle Elum to Thorp. You'll cover 13 miles of river and have a lunch stop on a sunny, sandy beach. Guided by Rill Adventures.

58989 Sa 10:00 am-2:00 pm Yakima River 1 sess/\$60

# **Sports**

Kent Parks, Recreation and Community Services offers several adult sports leagues. Individuals wishing to participate in an adult league must be 18 years of age. Registration is taken by teams only. Individuals wishing to participate can call the Kent Commons office to submit their name, sport and level of play for the individual player list. To check on registration information, league standings and league schedules, please visit KentWA.gov or call (253) 856-5000.

Adult Sports Leagues are run with an emphasis on good sportsmanship, having fun and encouraging team conduct that takes a positive approach toward competition.

## ADULT RACQUETBALL CLUB

A great way to build your skill level and stay in shape with both recreational and competitive levels of play.

#### SPRING LEAGUE

58678 A Division 58679 **B** Division 58680 **C** Division 58681 **D** Division Kent Commons

(April-July) 10 sess/\$30

#### **FALL LEAGUE**

58682 A Division 58683 **B Division** 58684 **C** Division 58685 **D** Division Kent Commons

(Sep.-Nov.) 10 sess/\$30

## ADULT SOFTBALL

Adult Softball Leagues are offered throughout the year. Levels of play offered: Recreation and Competitive for Men and Women, Coed and Church Divisions. Games are played at Russell Road Sports Complex, Kent Memorial Park, Wilson Playfields and Service Club Ballfields.

Spring/Summer Season (April–July) **Second Season** (August and September)

## **ADULT VOLLEYBALL**

Adult volleyball is offered three (3) times throughout the year. Various levels of play offered from Tuesday Night "Open" and Wednesday Night Women's Divisions. All matches are played at the Kent Commons.

Fall Season (September–December) Winter Season (January–March) **Spring Season** (April and May)

# **BODY CONDITIONING/ WEIGHT TRAINING**

Kent Commons

Individual instruction on the proper use of fixed weight equipment (Nautilus), a variety of exercises for each weight station, and how to develop a personal training program. A complimentary one-month pass to the weight room (\$12.50 value) included in \$35 class fee. One hour session by appointment only, call (253) 856-5000. L. Mounts 1 sess/\$35

# **Athletic Facility Advertising Program**

Reach out to thousands of sports enthusiasts by having your business name displayed at a City of Kent premier athletic facility.

Call 253-856-5000 for more information



# Enjoy classes six days per week! All classes held at Kent Commons **Drop-in fee for all Jazzercise classes \$7**

# Jazzercise – Dance Mixx

Jazzercise is a calorie-torching, hip swiveling, Shakira'd-be-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Our classes will leave you breathless, toned and coming back for more.

# **Express:**

Cuts through the chase with 30 minute blast of dance based cardio plus strength training. Rev it up and rock it out in half the time.

# Strength 45:

Fires up the muscles (all of them) in a 45 minute hard core muscle sculpting strength workout.

# Strength 60:

Full 60 minutes of fat burning, muscle sculpting, it-hurts-and-It's-worth-it strength training. This class with transform you!

 Monday & Wednesday
 4:25 - 5:25 p.m.

 Tuesday (Strength 60)
 4:25 - 5:25 p.m.

 Tuesday & Thursday
 6:45 - 7:45 p.m.

 Friday (Express)
 5:00 - 5:30 p.m.

 Saturday (Strength 45)
 8:10 - 9:00 a.m.

 Saturday
 9:00 - 10:00 a.m.

# Purchase a Jazzercise pass according to how many days per week you plan to attend class.

1 Class Per Week: \$24 2 Classes Per Week: \$45

#58996	April	#59001	April
#58997	May	#59002	May
#58998	June	#59003	June
#58999	July	#59004	July
#59000	August	#59005	August

# 3 Classes Per Week: \$49 Unlimited Per Week: \$60

#59006	April	#59011	April
#59007	May	#59012	May
#59008	June	#59013	June
#59009	July	#59014	July
#59010	August	#59015	August

# <u>FITNESS</u>

Join us for a complete body workout to terrific music in any of the following classes. Wear comfortable clothing and aerobic shoes. **Drop-ins welcome - \$5 per class.** 

<b>Crunch at Lunch</b> Focusing on the core, back, abs and balance exercises performed using balance balls and weights	58911 58912 58913 58914 58915	W W W W	12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm	Kent Commons Kent Commons Kent Commons Kent Commons Kent Commons	Mounts Mounts Mounts Mounts Mounts	4/6-4/27 5/4-5/25 6/1-6/29 7/6-7/27 8/3-8/31	\$16 \$16 \$20 \$16 \$20
Lunch Core & Body Sculpting	58936	F	12:05 pm-12:55 pm	Kent Commons	Barrick	4/1-4/29	\$20
Conditioning class incorporates step and	58937	F	12:05 pm-12:55 pm	Kent Commons	Barrick	5/6-5/27	\$16
weights for a full body workout with focus on	58938	F	12:05 pm-12:55 pm	Kent Commons	Barrick	6/3-6/24	\$16
core strength.	58939	F	12:05 pm-12:55 pm	Kent Commons	Barrick	7/1-7/29	\$20
	58940	F	12:05 pm-12:55 pm	Kent Commons	Barrick	8/5-8/26	\$16

ZumbaToning	58954 58955 58956 58957 58958	Th Th Th Th Th	4:30 pm-5:15 pm 4:30 pm-5:15 pm 4:30 pm-5:15 pm 4:30 pm-5:15 pm 4:30 pm-5:15 pm	Kent Commons Kent Commons Kent Commons Kent Commons Kent Commons	Deines Deines Deines Deines Deines	4/7-4/28 5/5-5/26 6/2-6/30 7/7-7/21 8/4-8/25	\$16 \$16 \$20 \$12 \$16
<b>Zumba Gold</b> A lower impact and slower paced class makes this perfect for beginners.	58926 58927 58928 58929 58930 58931 58932 58933 58934 58935	Tu Tu Tu Tu Tu Tu Th Th Th Th Th	11:00 am-12:00 pm 11:00 am-12:00 pm 11:00 am-12:00 pm 11:00 am-12:00 pm 11:00 am-12:00 pm 12:15 pm-1:15 pm 12:15 pm-1:15 pm 12:15 pm-1:15 pm 12:15 pm-1:15 pm 12:15 pm-1:15 pm	Kent Commons	Caplan	4/5-4/26 5/3-5/31 6/7-6/28 7/5-7/26 8/2-8/30 4/7-4/28 5/5-5/26 6/2-6/30 7/7-7/28 8/4-8/25	\$16 \$20 \$16 \$16 \$20 \$16 \$16 \$20 \$16 \$16
<b>Step &amp; Core</b> Great overall workout in this combination step, cardio and strength training.	58949 58950 58951 58952 58953	Th Th Th Th Th	5:20 pm-6:20 pm 5:20 pm-6:20 pm 5:20 pm-6:20 pm 5:20 pm-6:20 pm 5:20 pm-6:20 pm	Kent Commons Kent Commons Kent Commons Kent Commons Kent Commons	Kebba Kebba Kebba Kebba Kebba	4/7-4/28 5/5-5/26 6/2-6/30 7/7-7/28 8/4-8/25	\$16 \$16 \$20 \$16 \$16
<b>Zumba (14+)</b> Fun, energetic dance workout done to Latin music.	58959 58960 58961 58962 58963 58964 58965 58966 58966 58967 58968 58969 58970 58971	M M M M Tu Tu V W W W W	5:30 pm-6:30 pm 5:30 pm-6:30 pm	Kent Commons	Kebba Kebba Kebba Kebba Weitz Weitz Weitz Weitz Weitz Weitz Kebba Kebba	4/4-4/25 5/2-5/23 6/6-6/27 7/11-7/25 8/1-8/29 4/5-4/26 5/3-5/31 6/7-6/28 4/6-4/27 5/4-5/25 6/1-6/29 7/6-7/27 8/3-8/31	\$16 \$16 \$16 \$12 \$20 \$16 \$20 \$16 \$16 \$16 \$20 \$16
Morning Zumba (14+) Fun, energetic dance workout done to Latin music.  Mixxed Fit People-inspired fitness program that is a perfect blend of explosive dancing & bootcamp inspired toning	58946 58947 58948 58941 58942 58943 58944 58945	F F Sa Sa Sa Sa Sa	10:00 am-11:00 am 10:00 am-11:00 am 10:00 am-11:00 am 10:15 am-11:15 am 10:15 am-11:15 am 10:15 am-11:15 am 10:15 am-11:15 am 10:15 am-11:15 am	Kent Commons	Weitz Weitz Weitz Caplan Caplan Caplan Caplan Caplan	4/15-4/29 5/6-5/27 6/3-6/24 4/2-4/30 5/7-5/28 6/4-6/25 7/2-7/30 8/6-8/27	\$12 \$16 \$16 \$20 \$16 \$16 \$20 \$16
<b>Yoga Break</b> Basic yoga poses that will strengthen, lengthen and relaxyour body. Bring a yoga mat.	58921 58922 58923 58924 58925 58916 58917 58918 58919 58920	Tu Tu Tu Tu Th Th Th Th	1:05 pm-1:55 pm 1:05 pm-1:55 pm 1:05 pm-1:55 pm 1:05 pm-1:55 pm 1:05 pm-1:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm	Kent Commons	Mounts	4/5-4/26 5/3-5/31 6/7-6/28 7/5-7/26 8/2-8/30 4/7-4/28 5/5-5/26 6/2-6/30 7/7-7/28 8/4-8/25	\$16 \$20 \$16 \$16 \$20 \$16 \$16 \$20 \$16 \$16
<b>Lunch Time Toning</b> 50 minute class utilizing an exercise fitness ball to tone legs, abs, back and upper body.	58910 58901 58902 58903 58904 58905	M M M M	12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm	Kent Commons Kent Commons Kent Commons Kent Commons Kent Commons Kent Commons	Mounts Mounts Mounts Mounts Mounts Mounts Mounts	8/2-8/30 4/4-4/25 5/2-5/23 6/6-6/27 7/11-7/25 8/1-8/29	\$16 \$16 \$16 \$12 \$20
Lunchtime Bootcamp 50 minutes of boot camp style drills and cardio workout that will challenge your body and improve your speed, agility and overall performance.	58906 58907 58908 58909 58910	Tu Tu Tu Tu Tu	12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm 12:05 pm-12:55 pm	Kent Commons Kent Commons Kent Commons Kent Commons	Mounts Mounts Mounts Mounts	4/5-4/26 5/3-5/31 6/14-6/28 7/5-7/26	\$16 \$20 \$12 \$16

# **CULTURAL ARTS SPOTLIGHT SERIES**



**Welcome to the Kent Arts Commission's 2015-2016 Spotlight Series.** This season marks the 18th year that Spotlight Series has been bringing great family entertainment and a wide variety of performing arts to Kent stages. The Kent Arts Commission is proud to present these performances in venues that are close to home and easily accessible to Kent residents. See you at the shows!



# **AL STEWART**

FRIDAY, MARCH 18
7:30 p.m.
Kentwood Performing Arts Center
\$28 general, \$25 senior, \$15 youth
Sponsored by the Pete and Pat Curran Family

By the time he was 22, Al Stewart had met the Beatles and played John Lennon's guitar, opened for The Rolling Stones, shared an apartment with Simon & Garfunkel, recorded for Jimmy Page, and spent a year playing guitar for Yoko Ono. Stewart came to stardom as part of the folk revival of the late '60s and '70s, and developed his own distinctive style of combining folk-rock music with delicately woven tales of the great characters and events of history. He is best known for his #1 hit "Year of the Cat" from the platinum album of the same name, and his follow up album "Time Passages, which also went platinum.

# SISTER'S EASTER CATECHISM

**FRIDAY, APRIL 1** 

7:30 p.m. Kentwood Performing Arts Center \$25 general, \$22 senior, \$15 youth

Celebrate the Easter Season with Sister as she answers time worn questions like "Who was Mary Magdalene?", "Why isn't Easter on the same day every year like Christmas?", and "Will My Bunny Go To Heaven?" Part pageant, and wHOLY hysterical, this installment of the sinfully funny Late Nite Catechism series unearths the origins of Easter bunnies, Easter eggs, Easter baskets, Easter bonnets, and, of course, those yummy Easter Peeps. Get ready to participate as Sister runs her own version of the Easter Egg Hunt, with special rewards, and candy giveaways. Bring the whole family, don your bonnet, and join Sister for this new seasonal treat!



253.856.5051 • Purchase tickets online at KentArts.com

# **CULTURAL ARTS SPOTLIGHT SERIES**

## **Policies and Information:**

## SENIOR AND YOUTH TICKETS

- Age 55 and older qualifies for senior ticket rates.
- Age 25 and younger qualifies for youth ticket rates.

## **REFUNDS/EXCHANGES**

• No refunds or exchanges—ticket purchases are final.

## **SEATING**

- All seating for Spotlight Series events is assigned/reserved.
- Seating will begin 30 minutes prior to performance time. Late seating is not guaranteed and is at the discretion of the performers and House Manager.

#### SPECIAL NEEDS

Please let us know in advance how we might be able to help and we will provide reasonable accommodations to those needing special assistance. For wheelchair seating, please advise when purchasing tickets.

## **Ticket Information:**

#### **GROUP RATES**

- Buy 10 or more tickets to any one performance and receive 10% off.
- Buy 20 or more tickets to any one performance and receive 20% off.

All group tickets must be purchased in the same transaction to receive the discount and must be purchased by calling or visiting the box office (no group discounts on-line).

## FOR TICKETS...

- Purchase on-line at www.kentarts. com—Lookfor the "purchase tickets" link
- Call (253) 856-5051, Monday— Saturday. A Visa or Mastercard is required for phone orders.
- •Walkin to the Kent Commons, 525 4th Avenue North, Kent, Monday— Saturday. Phone and walk-in hours are: Mon.—Thurs. 6 a.m. to 10 p.m., Fri. 6 a.m. to 9 p.m. and Sat. 8 a.m. to 9 p.m.

# Sponsors

Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department with the support of these following sponsors.



CURRAN LAW FIRM





WASHINGTON STATE ARTS COMMISSION









Pete and Pat Curran through the Kent Parks Foundation
Judy Woods
Pete and Pat Curran Family

# **CULTURAL ARTS** SPECIAL EVENTS



# Monday, July 4 • Noon-11:00 p.m. Lake Meridian Park • 14800 SE 272nd Street

The Fourth of July Splash is presented by Kent Parks, Recreation and Community Services and the Kent Arts Commission with generous support from sponsors. 2016 marks the 19th anniversary of this community event at Lake Meridian Park! The Splash brings family and friends together to celebrate Independence Day with a variety of fun and free activities. The day is highlighted by one of the largest fireworks displays in South King County at 10:00 p.m.

# **Main Stage Entertainment**

Entertainment on the Main Stage starts at noon with a Community Showcase featuring wonderful local talent. For a complete entertainment schedule, check Kentarts.com in mid-April. Headliners include:

# Meridian

# Personal Watercraft (jet skis, ski doos, etc.)

- May operate 0–8 MPH any day except during hours of darkness.
- Maximum speed is 8 MPH May 13–September 14
- May operate 8–35 MPH only between the hours of 12 noon and 6:00 pm on EVEN numbered days from May 14–Sept 13.



Lake Meridian Park Noon to 11 p.m. Monday, July 4, 2016



## **Fun Activities**

#### Noon-5:00 pm

Face painting by The Magic Brush • Hands-on projects • Old-fashioned games • Inflatable bouncers • Recycling project by Republic Services • Lego projects

#### **Fireworks**

The Splash has the largest professionally produced fireworks display in South King County. This spectacular show takes place over Lake Meridian at approximately 10:00 p.m. Thank you to the Lake Meridian Community Association, Edward Jones and many community sponsors for their help to make the fireworks display possible.

# Free Off-site Parking/Shuttle Bus

Buses start at 12:00 p.m. and will run approximately every 20 minutes. Please follow event parking signs to the following locations:

- Kentwood High School, 25800 164th Ave. SE
- Kent Fire Station #75, 15635 SE 272nd
- Meridian Elementary, 25621 140th Ave. SE

## **Thank you Sponsors!**

- Republic Services
- Edward Jones

For more information: www.kentarts.com or (253) 856-5050.



# **CULTURAL ARTS** SPECIAL EVENTS



The City of Kent is pleased to collaborate with the Kent Lions Club and Cornucopia Days again in 2016.

Here are just a few of the highlights:

**DRAGON BOAT RACES:** Races will be held on Lake Meridian on Saturday, July 9. Please visit www.kcdays.com or call (253) 852-5466 for information.

**STREET FAIR:** Over 600 booths of arts and crafts including commercial and imports, food vendors and other displays to browse through. Please visit www.kcdays.com or call (253) 852-5466 for information.

**"FUNTASTIC SHOWS" CARNIVAL:** Experience the thrills of this full size carnival with rides for all ages starting on Thursday, July 7 at 3:00 p.m. at Lincoln and Smith Street, downtown Kent. Please visit www.kcdays.com or call (253) 852-5466 for information.

#### **GRAND PARADE:**

Takes place at 2:00 p.m. on Sunday, July 10. The parade route runs along 4th Avenue in downtown Kent starting at Willis Street and ending at James Street. Please visit www.kcdays.com or call (253) 852-5466 for information.

**MAIN STAGE ENTERTAINMENT:** Located at Town Square Plaza on 2nd Avenue and Harrison Street, the Main Stage features local, national and international artists performing throughout the weekend.

For a complete entertainment schedule, check Kentarts.com in mid-April





# KENT CORNUCOPIA DAYS 5K FUN RUN/WALK, 9:00 A.M. SATURDAY, JULY 9, 2016

Registration forms and online registration (www.active.com) will be available in late April. Day of race registration will begin at 7:30 a.m. with the race

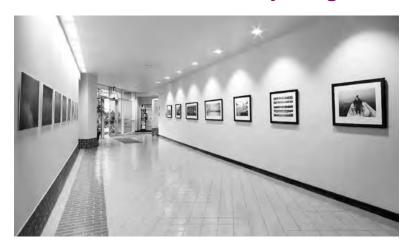
starting at 9:00 a.m. Registration through July 7th is \$10 or \$25 with technical t-shirt. Day of race registration is \$15 and \$30 with a technical t-shirt while supplies last. Participants age 60 and over run for FREE courtesy of the Tab Wizard!

Special thanks to: Tab Wizard, Kikkoman USA, RoadRunner Sports, Republic Services, Kent School District, Kent Lions Club,



Outpatient Physical Therapy, Iron Mountain and Kent Cornucopia Days. For more information contact, Mark at Mhendrickson@KentWA.gov, (253) 856-5050 or www.kentarts.com

# **Kent Summer Art Exhibit Opening**



# Wednesday, June 8, 6:30-8:00pm

Centennial Center Gallery, 400 West Gowe Street, Kent

This annual juried art exhibit is displayed salon style in the Centennial Center Gallery and adjacent conference rooms to accommodate over 40 regional artists. The evening reception is free and open to all ages, thanks to generous support from individual Kent Arts Commissioners.

The exhibit is on display Monday-Friday, 8am-5pm, June 8 through September 2, 2016 Closed holidays

# KENT SUMMER CONCERTS

# presented by The City of Kent and Kent Station

Throughout July and August, enjoy a variety of the region's best live performances in some of Kent's most beautiful parks – for FREE! Visit KentArts.com or call 253-856-5050.

# TUESDAYS - 12:00 - 1:00 p.m.

Presented by Kent Station Kent Station Plaza, 417 Ramsay Way



# July 12 - lan Skavdahl

Seattle-based Ian Skavdahl mixes folk, blues, jazz, and rock with soulful vocals. His

uptempo, acoustic Folk/Rock features originals and an eclectic array of multilayered, unique



# July 19 - Ranger and the 'Re-Arrangers'

This band evokes the spirit of a Paris café and the raucous energy of a Gypsy campsite. Their repertoire includes

swing standards, traditional Gypsy melodies, the music of Django Reinhardt, and Ranger's unique originals.



# July 26 - Lulu LaFever

Songwriter, Lulu LaFever has opened for the likes of Willie Nelson and Big Bad Voodoo

Daddy with her soulful roadhouse-style swing, jazz, and blues.



# August 2 - Scott Lindenmuth

Jazz, funk, and fusion from this innovative and versatile contemporary instrumental



# August 9 - Jessica

Jessica Lynn is a rising star in the world of contemporary country music. She has been compared to luminaries like

Dolly Parton and Miranda Lambert.



# August 16 - Sundae + Mr. Goessl

Delightful vintage pop from this Seattle-based duo.

## WEDNESDAY PICNIC PERFORMANCES - Especially for Kids – 12:00 – 1:00 p.m.

Presented by City of Kent Sponsored by Republic Services Town Square Plaza, 2nd Avenue and Harrison Street, downtown Kent



# July 13 - Tickle Tune Typhoon

Dancing vegetables, larger-than-life robots and award-winning music! This

Northwest favorite delivers positive messages and educational topics cleverly disguised as silly



# July 20 - The Not-

This Seattle "Kindie Rock" quintet will have children and parents on their feet rocking out to power-packed songs

about bugs, haircuts, reading, and more. The Not-Its! are Sarah Shannon (former singer of 90's Sub Pop band Velocity Girl), Danny Adamson (rhythm guitar), Tom Baisden (lead guitar), Jennie Helman (bass player) and Michael Welke (former drummer of Harvey Danger).



# July 27 - The Brian **Waite Band**

A combination of musical theater, imaginative

storytelling, lots of laughs and great rock'n roll. The Brian Waite Band's concerts are filled with original sonds that take the whole family on a "rock'n roll adventure'



# August 3 - Lucky Diaz and the Family Jam Band

The sun-filled pop beats of husband and wife duo Lucky

Diaz and Alisha Gaddis have garnered a Latin GRAMMY, as well as three EMMY nominations and one win. Lucky Diaz and the Family Jam Band has been named 'THE face of kindie music' by the Washington Post, 'SUPERSTARS' by Red Tricycle, 'The Rolling Stones of Kids Music' by the Style Network, and PEOPLE Magazine called their album "The #1 in COOLEST kids music!"



# August 10 - Matt Baker

This three-time Guinness World Record holder has performed his comedy stunt show in more than

17 countries. He has appeared on numerous TV shows, including America's Got Talent, where Sharon Osbourne called him "Hilarious." Matt's comedy never stops - even when he's catapulting vegetables, spitting ping pong balls, and catching bowling balls on his head!



# August 17 - Recess Monkey

Sponsored by Bright Horizons Both kids and parents love rockin' to Recess Monkey! This trio blends various musical

influences with clever and comical lyrics. There are hints of pop, folk, zany surf rock, and swamptinged country.

# WEDNESDAYS at Kent Station -6:00 – 8:00 p.m.

Presented by Kent Station Kent Station Plaza, 417 Ramsay Way



# July 13 - Knut Bell Knut Bell and the Blue

Collars present original rock and country classics. Based Washington State, they performed live on KEXP and the Bob Rivers Show.



# July 20 - Shaggy Sweet

Three members of this pop/ rock band are best friends from Kent that have been

performing together since high school. Expect a mix of covers and originals.



# July 27 - Colt and the Peacemakers

Colt and the Peacemakers offer a soulful glimpse into the musical past of America's

smoky barrooms and neon-lit honky-tonks with country roots rock.



# August 3 - Darren Motamedy

Saxophonist Darren Motamedy's smooth jazz is played nationally and two of his´albums have´achieved "Jazz

Album of the Year" status. A native of Kent, Darren returns from his current home in Las Vegas to perform for his local fan base.



# 🔀 August 10 -**Spyrographs**

From James Bond soundtracks, to the go-go hits of Nancy Sinatra, to surf classics, the Syprographs bring to life the

musical mojo of 1960's spy, surf, and pop hits.



# August 17 - Mycle Wastman

Seattle-based soul singer, Mycle Wastman emerged as a stealth frontrunner on season 3 of NBC's The Voice. He delivers

an old soulful vibe, mixed with R&B sensibilities, and a splash of pop.

# THURSDAYS AT THE LAKE – 7:00

- 8:30 p.m.
 Presented by City of Kent
 Lake Meridian Park, 14800 SE 272nd Street, Kent



# July 14 - Reilly & Maloney

Acoustic and contemporary folk from this beloved duo on their farewell tour!



# July 21 - LeRoy Bell

LeRoy Bell wows audiences with passionate vocals and a captivating style that encompasses acoustic soul

and folky pop. He has shared the stage with Idina Menzel, B.B. King, Etta James, Van Morrison, Sheryl Crow, Huey Lewis, The Steve Miller Band, Al Green, Keb Mo, Taj Mahal, and more. He's written songs for Elton John, the Temptations, and The O'Jays, and was a finalist on season one of X Factor.



# July 28 - HAPA

The Hawaiian word for half, Hapa refers to a person of mixed Pacific Islander ancestry. This duo from Hawaii consists of one member of South Pacific Ancestry and one guy from

New Jersey. Often describéd as the "sound of Maui," HAPA's music evokes beauty and serenity. A dose of American folk-rock, results in "the most exciting and beautiful contemporary Hawaiian music the world knows" (Maui Times).



# August 4 - The Scott Cossu Ensemble

Internationally known composer, pianist and recording artist Scott Cossu was at the forefront of New

Age music. He was one of the first artists to join the Windham Hill label. Billboard Magazine calls Scott a "jazz luminary of the future." Scott's new CD, "Safé In Your Arms" has been nominated for best album of the year on the Zone Music Chart, and has hit #16 on the British One World Music



# August 11 - Country

This eight-piece band plays raucous and rowdy country that would make George Jones, Johnny Cash, and Merle Haggard proud.



# August 18-The Ryan **Shupe Band**

The Ryan Shupe Band strongly and deftly combines the roc side of their music arsenal

with acoustic instruments and the virtuosic jamming they are known for in their live shows. Shupe is a 5th generation fiddler, as well as an accomplished electric guitar, acoustic guitar, and mandolin player. He has been touring extensively since he was 10 years old.

Wednesday Picnic Performances and Thursday at the Lake concerts are presented by Kent Parks, Recreation and Community Services and the Kent Arts Commission, with the support of local sponsors. Tuesday lunch and Wednesday evening concerts are presented by Kent Station, with the support of local sponsors.

# For more information visit KentArts.com or call 253-856-5050.



















# **KENT COMMONS**



# Please contact the Facility Scheduling Office at: 253.856.5000 • KentWA.gov/KentCommons

### **Kent Commons**

The Kent Commons is a public recreational facility that is home to a wide variety of physical and cultural activities. Phone: (253) 856-5000

Fax: (253) 856-6000

Direction Line: (253) 856-5025 Website: KentWA.gov/kentcommons

# **OPERATING HOURS**

M-Th: 6:00 am-10:00 pm F 6:00 am-9:00 pm Sa 8:00 am-9:00 pm Call (253) 856-5000 for more information

# Reception Halls, Meeting Rooms, Auditoriums

The Kent Commons offers six meeting rooms and two reception halls/auditoriums varying in size and able to accommodate groups up to 300. The double gymnasium is also available to rent for larger events. Call (253) 856-5000 for availability and rental rates.

OPEN PARTICIPATION PROGRAMS								
Day	Time*	Fee						
Basketball								
Tu-Th	11:30 am-1:30 pm	Free						
The gymnasiums are also available for team rentals.								
Racquetball (253	8) 856-5010							
M-Th	6:00 am-10:00 pm	\$7/hr						
F	6:00 am-9:00 pm	\$7/hr.						
Sa	8:00 am-9:00 pm	\$7/hr.						
Senior citizen rate is \$3.50 per hour for selected times only.								
<b>Conditioning Ro</b>	om							
M-Th	6:00 am-10:00 pm	\$2						
F	6:00 am-9:00 pm	\$2						
Sa	8:00 am-9:00 pm	\$2						
Conditioning room pass (unlimited use) \$12.50 per month or \$37.50 per quarter.								
50% off for adults 55+. *All hours are subject to occasional schedule changes.								

### **SPORTS & FITNESS**

Facilities available for community use within the Kent Commons Community Center include: Double gymnasium equipped for volleyball, basketball, badminton, etc.

- $\bullet \textit{Fully-equipped conditioning room/Nautilus weight machines, treadmills, stair climbers and exercise \ bikes$
- Handball/racquetball courts
- Mini-gym for exercise and dance classes
- Music room: hourly rate for piano practice
- Showers and coin-operated lockers
- Vending area with snacks and beverages
- Walleyball









# KENT 50+ PROGRAMS

# **Kent Senior Activity Center**

600 East Smith Street, Kent, WA 98030 (253) 856-5150

# M-F: 8:30 am-4:30 pm\*

\*Extended hours: Tuesday to 9:45 pm Wednesday to 9:00 pm

The Kent Senior Activity Center features daily recreation activitiés, including lunch, classes, workshops, trips, special events, health services, outdoor recreation and Fitness Center.



M, Tu, Th, F - \$6 all ages Wed. Deli only \$5 all ages 11:45 a.m. to 1:00 p.m.

For update, call Menu Hotline: 253-856-5155

Deli Bingo, 2nd Wed. by



Special thanks to: Talbot Healthcare & Stafford Suites for ongoing contributions



SCHEDULE OF EVENTS

**5:15 p.m.** Rock n'Roll by **Wally & the Beaves** 

**THURSDAY** JUNE 23, 2016 4:30 - 8 P.M.

Formerly Jazz and Art Showcase



Wally & the Beaves: 5:15 pm



# **KENT SENIOR** ACTIVITY CENTER **30**TH ANNIVERSARY **CELEBRATION** 6:15 PM



Darren Motamedy: 7 pm



FARRINGTON COURT

A STRULAR LIVING COMMUNITY

7 p.m.



Nationally renowned saxophonist **Darren Motamedy** 

UnitedHealthcare

4:30 p.m Discounted dinners by Mitzel's Mocktail Garden,

**KSAC 30th Anniversary Celebration** 

Art Show by **Kent Valley Artists** 

6:15 p.m. Mini-Jazz piano concert by Richard Dean,

Desserts by **Stafford Suite** 

















Save the Date **KENT PARKS DELI & CAFE C-12s FUNDRAISER\*** 

FREE (with \$5 lunch purchase) Tickets on sale beginning Tues. Aug 9

Wed. Sept. 14, 2016 • 11:30 am - 1 pm • Call for info 253.856.5150

# **ADULT 50+ PROGRAMS**

# **Day Trips & Leisure Travel Opportunities**

Kent Senior Activity Center offers a variety of day trips & leisure travel options. Be sure to check out what is coming up at 253-856-5150 or Kent50Plus.com

For information on 2016 leisure travel opportunities contact Cindy at 253-856-5162 or email crobinson@KentWA.gov



# **Upcoming Overnight Trips**

# **Cannon Beach**

June 2016 See flyer for details

# Leavenworth **Summer Theater**

August 2-4 See flyer for details

# **Explore** San Juan Island

September 2016 See flyer for details

# **KSAC Summer Outdoor Adventures**

 Wenatchee River Whitewater Raft......June • Horseback Ride - Suncadia ......June • Yakima River Scenic Float & Lunch......July • Zip Line Tour ......July • Mountain Bike the Snoqualmie Tunnel .... Aug • Sea Kayak Hood Canal ...... Aug

# **Fishing Program - Special Trips**

- Dry Falls lake & "Back to the wall overnighter ..... April 11 12
- Cowlitz River Guided Spring Chinook...... May 11
- Missoula Montana Fly Fishing ...... June
- Columbia River "Brewster Sockeye ...... July
- Columbia River Buoy 10 Salmon ...... August
- Local & Regional trips twice a month

# 50+ Fitness Center -

- \$1.50 drop in 50+ (\$3 age 16 to 49) Monthly rate discounts available
- Personal Trainer for hire
- State of the art aerobics and strength equipment

1 month: \$13.50\*

3 months: \$31\*

1 year: \$121\*

\*includes \$1 I.T. fee

*Note: Guests aged 16 to 49 passes are double cost.* 



at the **Kent Senior Activity Center TUESDAYS** 

7:30 to 9:15 pm • \$4

**Except for 1st Tuesday Kings** of Swing Dances 7:45 - 9:30 PM

# Refreshments Provided by:

Farrington Court, Radcliffe Place, Stafford Suites, The Weatherly Inn, Judson Park, The Lakeshore

# ADULT 50+ PROGRAMS

# **HEALTH & EDUCATION** PROGRAMS:

Aerobics Mon.Wed.10AM **Art Classes** Varies

Mixed Media, Watercolor, Acrylics

BeWellWorkshops Wed. 1 PM

Chi Gong Video Thurs. 9:30 AM

Computers Classes Varies

Keyboarding, Computers 101,

Intermediate, Advanced, Digital Photography,

Internet, Word, Excel, EBay, PayPal,

Social Networking, Email

Counseling Mondays, individual by appt.

**Defensive Driving** 

2ndThurs.Fri.,10AMto3PM

General Health Workshops

Hearing, vision, fall prevention

Stretch/Strengthening Tues. Thur.

Beginning 10:15 Intermediate 9 AM

Yoga Fridays, 9:45 AM

# **FUND RAISERS AND** SPECIAL EVENTS:

Music & Art Showcase

Thurs. June 23, 2016

Karaoke Bingo Fundraiser

Wed. Sept. 14, 2016

FD Cares Wellness Fair

Thurs. Sept. 22, 2016

# **OFF SITE ACTIVITIES:**

Pickleball Kent Commons

Softball Various Fields

**Volleyball** Kent Commons

# TRIPS, TRAVEL and **OUTDOORPROGRAMS:**

DayTrips To Be Determined Local, Regional Tours TBD

**Fishing** 

**Golfing** Seasonal

Hiking

Local Overnight Trips TBD

**Rafting** (Floats, Whitewater)

Skiing (Downhill) Seasonal

Skiing (X Country) Seasonal

**Snowshoeing** Seasonal

# SPECIAL INTEREST **PROGRAMS:**

Alliance for Retired Americans

2ndThursdays, 1PM

BookClub 1stWednesdays 1PM Co-sponsored by Auburn Meadows

Bring Your Own Crafts Wed. 9 AM

FlyTying Tuesdays, 9:30 AM

Hooks'n Needles Thursdays, 1 PM

**Jigsaw Puzzles** Daily

Kiwanis Easter Breakfast TBA

**Library** Daily

Lions's Breakfast Seasonal

Lion's Barbecue Seasonal

Poetry Club 1st & 3rd Fri. 10:45 AM

Readers Theater TBD Seasonal

Co-sponsored by Chateau at Valley Center Mondays, 10 AM

Recycled Greeting Cards TBA Red Cross Stitchers

Tuesdays, 12:30 PM

Speedy Readies Book Club

3rdTue.Odd-numbered Months, 1 PM

**Stamp Collecting** Tuesdays 2 PM Woodcarving Wed. 9:30 AM

# CARDS & GAMES:

**Bridge** Wednesdays, 12 noon

Canasta Thursdays, 10 AM Dominoes (Mexican Train)

Tues. Thurs. 1:30-4pm

Hand'n Foot Wed. & Fri. 12:30 PM

Mah Jong Mondays, 11:30 AM

Pina Pona Mon. & Wed. 1:30 PM

Pinochle Tues. 12:30 Wed. 5:30 PM

Pool (Billiards) Daily

Whist Fridays, 12:15 PM

Wii Monday, Friday, 12:30-4:30 PM

### MUSIC & DANCE:

**Ballroom Dances** Tues. 1:15 PM Also Rock'n Roll, 2 step, Line dance

**Ballroom Dances** Tues. 7:30 PM

Hula Dance 2nd & 4th Thurs. 1pm

Juice'n Jazz 1st Tues. 12:30 PM Free Jazz, Juice, Door Prizes Co-sponsored by Brookdale Foundation House

Karaoke 2nd Friday, 9:30-1:30 PM

4th Tuesday, 9-11:45 AM

Koffee Klatch Mondays, 11 AM

Free Music, Coffee, Door Prizes Co-sponsored by Stafford Suites

Line Dancing Wednesdays,

1:45 – 2:45 Intermediate 3:00 – 4:00 Beginners

Ring & Swing Thursdays, 1:15 PM

**Rock'n'Roll Dance** 3rd Tuesday, 7:30 PM

Swing Dances 1stTues. 7:45 PM

**Ukulele Jam Sessions** 1st & 3rd Thu.

Lessons: 1 PM Jamming: 1:30 PM

# IN HOUSE SERVICES:

**Alzheimers Support** 1stWed. 6:30 PM **Blood Pressure Monitoring** 

Tues. 10:30 AM to 12 noon

Coffee Bar Daily

ElderLaw Clinic (Senior Issues)

2nd & 4th Fridays, 1 PM, by appointment

Fitness Center Daily

Foot Clinic Tues., by Appointment

**Grief Support** Some Wed. 10 AM

**HairCuts**TBD by Appointment

Health Insurance Counseling

2nd Monday, by Appointment

Healthy Smiles Dental 1st Friday,

4th Thursday by Appointment

Legal Clinic (Neighborhood)

Wed.6PM by Appointment

**LGBT Support** 

2nd & 4th Mon. 1 PM

MassageTherapy Wed.Thurs.AM

by Appointment

Meals On Wheels (Frozen Food)

Pre-registration required

Reflexology Wed. 12:30 – 5 PM

by Appointment

**Support Group** Mondays 10 AM

Drop Ins welcome

Vision Support Group 3rd Mon., 1 PM

**ALL PROGRAMS, ACTIVITIES AND SERVICES HELD AT:** Kent Senior Activity Center • 600 East Smith Street, Kent, WA 98030 • 253-856-5150

 $NOTE: Many\ activities\ are\ free\ but\ some\ events, classes, trips\ or\ programs\ may\ include\ fees.$ 

# HOUSING & HUMAN SERVICES

# **KENT FOOD BANK**

Residents living within the Kent School District boundaries may visit the Kent Food Bank once per month (either at our downtown location or at the Birch Creek Annex) for food and government commodities. Bread and perishables are available on a weekly basis.

The Kent Food Bank needs your Help! Every dollar you donate buys SEVEN dollars' worth of food!

Financial contributions can be made at www.skcfc.org/kentfoodbank

# Top 25 items needed by the Kent Food Bank:

- 1. Peanut Butter
- 2. Canned Peas
- 3. Canned Corn
- 4. Canned Green Beans
- 5. Canned Fruit Cocktail
- 6. Canned Peaches
- 7. Canned Pineapple
- 8. SPAM
- 9. Canned Chicken
- 10. Canned Tuna
- 11. Canned Meat
- 12. Beef Stew
- 13. Fruit Juice
- 14. Vegetable Juice

- 15. Milk (powdered, evaporated, and shelf stable)
- 16. Vegetable Soup
- 17. Cream of Chicken/Cream of Mushroom Soup
- 18. Chili
- 19. Oil (vegetable, olive)
- 20. Canned or Bagged Beans
- 21. Rice
- 22. Cereals
- 23. Mac and Cheese
- 24. Dried Fruit
- 25. Snacks (pudding, granola bars, energy/protein bars

### **Food Bank Location:**

515 W. Harrison St, Ste. #107, Kent, WA 98032 (253) 520-3550

### **Hours:**

Monday, Tuesday, Wednesday, Friday 10 a.m. to 2 p.m.

### **Springwood Food Bank Location:**

12961 - SE 275th St Kent, WA 98030 (253) 981-3145

### **Hours:**

Thursday 10:00 a.m. to 1:00 p.m.

**Kent Home Repair** has been helping City of Kent residents stay safe and on top of health and safety repairs for close to 40 years now. If you qualify you could be eligible to receive a grant that can assist with minor health and safety home repairs including furnace cleanings and servicing, roof repair, hot water tank replacement, electrical, plumbing repairs and more.







Contact Kent Home Repair at 253-856-5065 for more information.

# **Neighborhood Program**

It is the goal of the Neighborhood Program to build viable partnerships between the City and its residents. Benefits of being an official recognized neighborhood are access to grant funding, publicity and information about your neighborhood and leadership workshops and training. A complete list of recognized neighborhoods and applications to become a recognized neighborhood are available at **KentNeighborhoodProgram.com.** 

# PARKS PLANNING AND DEVELOPMENT



# **DOWNTOWN COMMUNITY GARDEN**

Kent's Community Garden P-Patch is on the corner of James St. and 64th Ave. S., where gardeners can rent a 20' X 20' plot for the entire season for \$45. The garden is open from April 1 through October 26. Plots are assigned on a first-come, first-served basis. Registration for new gardeners opens March 9 and requires a \$25 refundable deposit. Please call Parks Planning & Development at 253-856-5111 for information. Special thanks to The Church of Jesus Christ of Latter-Day Saints for providing the land for this popular program.

# **SPRING 2016 VOLUNTEER EVENTS**



For corporate work groups, students looking for fun ways to gain community service hours, scouts earning badges, faith communities, clubs and individuals who enjoy making a difference in just a few hours, here are some great opportunities:



April 16: Earth Day at Morrill Meadows Park

June 4: National Trails Day at Clark Lake Park

Mark your calendars, and check our web page for the registration forms about three weeks in advance: **KentWA.gov/ComeVolunteer. Or call 253-856-5114.** 

# **GREEN KENT PARTNERSHIP NEWS**



There are over 1,300 acres of city-owned forested parks, wetlands and other natural areas. Park and Public Works staff do their best to maintain them, but battling invasive weeds requires more resources than we currently have. The Green Kent Partnership, begun in 2011, is implementing a long-term environmental restoration plan to help these areas function as healthy habitats for both animals and people. The key partners are the city, Forterra, King Conservation District and Kent residents.

Grant support from the Kent Parks Foundation and corporate partnerships help fund a part-time staff member, summer intern and support for our trained volunteer Stewards (some pictured here). Armed with only hand tools, dedication and their Green Kent training, these volunteers are making some great progress: they began clearing and planting over three new acres this year and are continuing to maintain 5.5 acres. Want to help? For a list of upcoming work parties at stewarded sites and to learn more about the Partnership, visit **GreenKent.org**.

# **Reservation Policy**

- Reservations start February 1, 2016.
- Please call (253) 856-5000 for park rentals.
- Payment is due upon receipt of application.

### **Park Use Fees**

Park use fees are based on the number of people attending the event and for each picnic shelter required for the size of group.

<b>Daytime/ Evening Re</b> (9 am to 2 pm, 3 pm to	<b>All Day Rental</b> (9 am to dusk)			
1to 60 guests	\$100	\$175		
61 to 120 guests	\$200	\$350		
121 guests or more	<b>*</b> \$250	\$450		

If a group exceeds the capacity limit of requested shelter, group will be required to reserve an additional shelter.

\*\*Groups larger than 120 guests must have prior approval from Parks Rental Coordinator.

Additional fees may be assessed depending on the type of activity/event planned.

# **Reception Hall Rental Facilities**

The following rooms and facilities are a great place for a wedding reception, birthday party, holiday event, or company meeting. For more information, call (253) 856-5000 or the number noted.

### **Kent Commons**

525 Fourth Avenue N. • Call (253) 856-5000.

- Crystal Mountain Hall
- Multi-Purpose Room #1 or #2
- Green River Room

### **Kent Memorial Park Building**

850 N. Central.



Kent Senior Activity Center (above) 600 F. Smith St. • Call (253) 856-5150.

In addition to the many parks that the public can enjoy without charge, City of Kent Parks, Recreation and Community Services has park facilities that can be rented for picnics, meetings, family parties and athletic events. Stop by the Kent Commons building, 525 4th Ave. N., Kent, or call (253) 856-5000 for information.

# **Park Rental Facilities**



# Hogan Park at Russell Road



### Kent Memorial Park

850 N. Central Avenue Located near downtown Kent. Features small picnic shelter, cooking grills, picnic tables, playground, public art and restrooms.

### Lake Meridian Park

14800 S.E. 272nd St. Large covered shelter, cooking grills, large playfield, swimming beach, fishing, boat launch, public art, playground and restrooms.

### Morrill Meadows Park,

10600 S.E. 248th St. Located on East Hill of Kent. Features cooking grills, drinking fountain, greenbelt, multi-use playfield, parking, large picnic shelters, playground, public art, restrooms and trails.

### Hogan Park at Russell Road.

24400 Russell Rd. S. Features tables, cooking grills, shelter, water, playground, restrooms and horseshoe pits (not available on weekends during tournament play).

### Van Doren's Landing Park,

21901 Russell Rd. Features two large picnic shelters, large playfield, restrooms, horseshoe pits, public art, paved walking trail and playground.

# PARKS AND PROGRAM SITES

**Aryals Gymnastics** 

25518 74th Ave S (253) 639-9339

Arbor Heights 360 Skate Park,

11525 SE 240 St

**Bereiter House/Greater Kent Historical** 

Society Museum, 855 E Smith St

**Boeing Employees Tennis Center**,

6727 S 199 PI

Briscoe Park, S 190 St

Burlington Green, W Meeker & Railroad Ave N

**Campus Park**, Canyon Drive & S 252 St **Canterbury Park**, 24409 100 Ave SE

Centennial Center, 400 W. Gowe St.

Chestnut Ridge Park, 9901 S 203 St

Clark Lake Park, between SE 240 & SE 248

@ 127 Ave SE

East Hill Park, 10920 SE 248
Eastridge Park, 143 SE & SE 257
First Ave Plaza, 219 1 Ave S

Foster Park, 259 & 74 Ave S

Garrison Creek Park, 218 St & 98 Ave S Glenn Nelson Park, Military Rd & S 268

Grandview Off-Leash Dog Park,

3600 S 228th St, SeaTac

Green View Park, SE 277 PI & 120 PI SE

Hart's Gymnastics Center,

26415 79 Ave S, Kent (253) 520-1973

Kaibara Park

1 Ave between W Smith & W Meeker St.

**Kent Bowl**, 1234 N Central Ave (253) 852-3550

Kent Centennial Center, 400 W Gowe St

Kent Commons, 525 4 Ave N

Kent Kherson Peace Park, 2 Ave & W Gowe St

Kent Library, 212 N 2 Ave

Kent Lions Skate Park

W Smith & Interurban Trail

Kent Memorial Park Building

850 N Central Ave

Kent-Meridian Performing Arts Center,

10020 SE 256 St

Kent Parks Community Center,

11000 SE 264 St

Kent Meridian Pool, 25316 101 St SE

Kent Rotary Downtown Basketball Court,

James St (SE 240)

Kent Senior Activity Center,  $600 \, \text{E} \, \text{Smith} \, \text{St}$ 

Kent Valley Ice & Events Centre,

6015 W James St

**Kentwood Performing Arts Center,** 

25800 164 Ave SE, Covington

Kiwanis Tot Lot #1, S. 1 Ave & W Crow St

Kiwanis Tot Lot #2, N. 2 Ave & W Cloudy St

Kiwanis Tot Lot #3

Alexander St between E Chicago & E Seattle St

Kiwanis Tot Lot #4, S 5 Ave & W Crow St

Lake Fenwick Park

25828 Lake Fenwick Road

Lake Meridian Park, 14800 SE 272 St Linda Heights Park, S 248 & 35 Ave S Meridian Glen Park, 137 Ave SE & SE 275 Pl

Mill Creek Canyon Earthworks Park,

742 E Titus St

**Morrill Meadows Park**, 10600 SE 248 St

Neely-Soames Historic Home, 5311 S 237 Pl

**Old Fishing Hole**, Frager Rd, S of W Meeker St

**Rosebed Park** 

1 Ave between W Gowe & W Meeker St

 $\textbf{Riverbend Golf Complex}, 2019 \, W \, \text{Meeker St}$ 

Hogan Park at Russell Road, 24400 Russell Rd

Salt Air Vista Park, 24615 26 PI S Sagra's Studio, 23625 41st Ave.

Scenic Hill Park, 25826 Woodland Way S

Service Club Ballfields, 14402 SE 288 St

Seven Oaks Park, SE 259 St & 118 PI SE ShoWare Events Center, 625 W. James St

(253) 856-6999

SKIP/Children's Therapy Center (SKIP/CTC),

10811 Kent-Kangley Rd (253) 854-5660

Soos Creek Maintenance Bldg,

24810 148 Ave SE

Soos Creek Park/Gary Grant Park-King Co,

SE 208 @ 136 Ave SE

Springwood Park, SE 274 St & 128 PI SE

Three Friends Fishing Hole, S 196 St & 58 Pl

Titus Railroad Park, 1 Ave & Titus St

Town Square Plaza, 2 Ave & Harrison St

Turnkey Park, 23312 100 Ave SE

**Uplands Playfields**, 836 W Smith St

Van Doren's Landing, 21901 Russell Rd

West Fenwick Park, 3824 Reith Rd

West Hill Skate Park, 42 Ave S & Reith Rd

Willis Street Greenbelt

W Willis between 4 Ave S & 6 Ave S

Wilson Playfields, 13028 SE 251 St

Yangzhou Park, Railroad Ave & W Smith St

### KENT SCHOOL DISTRICT/ FEDERAL WAY SCHOOLS

**Carriage Crest Elementary** 

18235 140 Ave SE, Renton

Daniel Elementary, 11310 SE 248 St

 $\textbf{East Hill Elementary}, 9825 \ S \ 240 \ St$ 

Emerald Park Elementary, 11800~SE~216~St

Fairwood Elementary, 16600 148 Ave SE, Renton

Glenridge Elementary,

19405 120 Ave SE, Kent

Grass Lake Elementary, 28700 191 PI SE, Kent

Horizon Elementary, 27641 144 Ave SE

Kent Elementary, 24700 64 Ave S

Kentlake High School, 21401 SE 300 St, Kent

Kent-Meridian High School, 10020 SE 256 St

Kent Mountain View Academy,

22420 Military Rd, S, Des Moines

Kentridge High School, 12430 SE 208 St

Kentwood High School, 25800 164 SE, Covington

**Lake Youngs Elementary** 

19660 142 Ave SE, Kent

Martin Sortun Elementary, 12711 SE 248 St

Meadow Ridge Elementary, 27710 108 Ave SE

Meeker Middle School, 12600 SE 192 St, Renton

Meridian Elementary, 25621 140 Ave SE

, 25021 1 10 / WC 3E

Meridian Middle School, 23480 120 Ave SE Mill Creek Middle School, 620 N Central Ave

Millennium Elementary, 11919 SE 270 St

Neely-O'Brien Elementary, 6300 S 236 St

Northwood Middle School

17007 SE 184 St, Renton

Panther Lake Elementary, 20831 108 Ave SE

Park Orchard Elementary, 11020 SE 232 St

Pine Tree Elementary, 27825 118 Ave SE

Ridgewood Elementary, 18030 162 PI SE, Renton

Sawyer Woods Elementary

31135 228 Ave. Black Diamond

Scenic Hill Elementary, 26025 Woodland Way S

Soos Creek Elementary, 12651 SE 218 Pl

Springbrook Elementary, 20035 100 Ave SE

Sunrise Elementary, 22300 132 Ave SE

Sunnycrest Elementary, 24629 42 S (West Hill)

Totem Middle School, 26630 40 S (West Hill)

Unless otherwise noted, all addresses are in Kent. **For directions, go to** 

KentWA.gov/parks

# The world is 70% water....Can You Swim? Kent Meridian Pool

253-854-9287

25316 101st Ave SE Kent, WA 98030

# Lap Swims

Swim your way to better health and fitness!

 M-F
 5:30am-7am
 M-F
 11am-2pm

 M/W/F
 8pm-9pm
 Sat
 12pm-1pm

 Prices
 10 Visit Punch Card

Adults: \$4.50 Adults: \$42.50 Seniors: \$3.25 Seniors: \$30.00

# Water Aerobics

A fun and refreshing way to get in shape!

M/W/F 8am-9am (Shallow)
T/Th 8am-9am (Deep)
T/TH 1pm-2pm (Arthritis)

Friday 7pm-8pm (Deep)

 Prices
 10 Visit Punch Card

 Adults:
 \$6.50

 Seniors:
 \$5.00

 Seniors:
 \$42.50

\*First visit to a water exercise class is free\*

# Pool Party!

Come celebrate at the pool!

Pool and lobby both available for rental. Refrigerator and freezer also available for use during any rental. Pool rentals up to 103 people.

# **Prices**

Pool rentals starting at \$90.00 Lobby rentals \$45.00 per hour

# AMG www

www.KentMeridianPool.com

# Swim Lessons

Featuring small class sizes and talented teachers, AMG Swim School provides an excellent environment for children learning to swim.

# Mornings

Morning Lessons will be offered monthly throughout the year in between 9am-11am on Mondays and Wednesdays or Tuesday and Thursdays. All lessons are 30 minutes long.

# Evenings

Evening lessons will be offered monthly throughout the year in between 5pm-8pm. Personalize your schedule by choosing the days, times, and frequency of your lessons.

# **Summer Morning Sessions**

Morning lessons will be offered on a twoweek basis with classes being taught Monda-Friday. Classes are 30 minutes long and are from 8:30am-1pm. Registration begins June 1, 2016.

Session 1: June 20th-July 1st

Session 2: July 4th-July 15th

Session 3: July18th-July 29th

Session 4: Aug. 1st- Aug. 12th

Session 5: Aug. 15th – Aug 26th



facebook.com/kentmeridianpool

for pool updates, special offers and closure notices

### KENT PARKS, RECREATION AND COMMUNITY SERVICES—PROGRAM REGISTRATION FORM

Parent/Account Holder's Name										
Address:					City:		Zi	p:		
206 253 360 425 Home Phone:	206 253 360 425 Mom Work Ph:				206 253 360 425 Dad Work Ph:					
E-Mail Address:				🗆	Check if r	new address 🗖 Nev	v phone	5		
Ethnicity/Race (Optional) Pleas	e select one: 🗖 As	ian 🗖 B	Black or Afric	an Ameri	can 🗖 F	Hispanic or Latino	☐ Whi	te		
☐ Native Hawaiian or other Pac	cific Islander 🛭 🗖 A	merican	Indian or Al	aska Nati	ve 🗖 Ot	her 🗖 Two or Mo	re Race	S		
Participant Name	Birthdate M/F	Grade	School	Course :	<b>#</b> (	Class/Program	Dates	Days	Times	Fee
						CLAS	S/PROC	GRAM	TOTAL:	
Help support your comm	· · ·					◆ SPECIAL	NEEDS	DON	ATION:	
Special Gifts for Special N	Needs: ★ Scholarship Fund: supports qualifi low-income families participating in					★ SCHOLARSHI	P FUND	DON	ATION:	
Supports Adaptive Recreation activities.	Recreat		ams. <i>Thank yo</i>			*Effective 2012 a \$1 technology fee is being			gy Fee	\$1.00
		and ralass	a fram raspans	ibilita		support systems that provide te and efficient service delivery.	G	RAND	TOTAL	
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from any and all claims, injuries, damages, losses or suits, including attorney fees, arising out of or in connection with the program. In the absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release.					Card # Expiration Date					
I grant full permission to use any pho other record of this program for any City					 Please prin	It name as it appears	on the c	ard.		
, , ,				L		and registration forn				tion &
					Com	munity Services, Ker	it Comm	ons Re	gistratio	on
Signature of Participant (Parent/Guard	ian. if minor)	Date				!5 Fourth Ave. North hone: (253) 856-5000				
Parent/Account Holder's Name Address:							Zi	p:		
206 252 260 425	20.		25			204 252 242 425				
Home Phone:	M	om Work	: Ph:			Dad Work Ph: _				
E-Mail Address:				🗆	Check if r	new address 🗖 Nev	v phone	5		
Ethnicity/Race (Optional) Pleas						•				
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Participant Name	Birthdate M/F	Grade	School	Course	<b>#</b> (	Class/Program	Dates	Days	Times	Fee
						CLAS	S/PROC	GRAM	TOTAL:	
Help support your comm		ıx-deducti	ible donation	to:	◆ SPECIAL NEEDS DONATION:					
♥ Special Gifts for Special Needs: ★ Scholarship Fund: supports qualifi					★ SCHOLARSHIP FUND DONATION:					
Supports Adaptive Recreation activities.		low-income families participating Recreation programs. <i>Thank you!</i>				012 a \$1 technology fee is being			gy Fee	\$1.00
I assume all risks and hazards of the o	conduct of the program	and release	e from responsi	ibility	applied to	support systems that provide ce and efficient service delivery.			TOTAL	
any person providing transportation to hereby release and hold harmless the employees, the organizers, sponsor, sup from any and all claims, injuries, damage	City of Kent, its elected cervisor or any voluntees, losses or suits, including	ed and app er connecte ng attorney	pointed officials ed with the pro fees, arising out	s and gram t of or	(Please ina	licate card and numb	er)		VISA	MasterCard
in connection with the program. In the absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release.  I grant full permission to use any photographs, videotapes, motion pictures, recordings or any					Card # Expiration Date					ate
other record of this program for any City	r promotior	nal use.		Please print name as it appears on the card.						
Signature of Participant (Parent/Guard	ian if minor)	 Date			Com 52	and registration forn munity Services, Ken 5 Fourth Ave. North hone: (253) 856-5000	t Comm • Kent, W	ons Re /A 980	gistratio 32-4497	on

Date

DO NOT SEND CASH

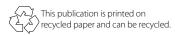
Signature of Participant (Parent/Guardian, if minor)



### **Kent Parks, Recreation and Community Services**

Kent Commons 525 Fourth Avenue North Kent, WA 98032-4497 PRSRT STD. U.S. POSTAGE PAID Permit #137 Kent, WA

# ECRWSS Residential Customer



# **REGISTRATION INFORMATION**



### **MAIL IN**

Send form and payment to Kent Commons Registration, 525 Fourth Ave. N., Kent, WA 98032-4497. Make checks payable to City of Kent. Allow 3 days for mail delivery. Do not send cash.



## **FAX**

Fill out registration form. Include V/MC number and expiration date. Send to Kent Commons at **(253) 856-6000** 24 hours/day (will be processed the next working day; handled as mail-in registration).



### **PHONE IN**

**(253) 856-5000** Have charge card and guide handy! Fill out form before you call Monday-Thursday 6 am-10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



### WALKIN

Kent Commons, 525 Fourth Ave. N. (Corner of 4th and James) Monday-Thursday 6 am - 10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



### ONLINE

Visit our website at **webreg.KentWA.gov** 24 hours a day! Have V/MC number, expiration date, client number and family PIN handy.

### **POLICY**

- 1. Register early to ensure likelihood of placement in class of first choice.
- 2. Registration is processed on a first come, first served basis.
- **3.** For mail in or FAX registrations, you will be called for second choice if class is filled.
- **4.** Confirmations are available upon request.
- 5. The Department has the right to change content and provision of classes.
- 6. There will be a \$25 fee for returned checks.

### **REFUNDS/CREDITS**

- Full refunds will be given for any classes postponed, rescheduled or cancelled by the Department.
- 2. A \$5 service fee will be deducted from every approved refund.
- 3. Credit for the full registration may be issued in lieu of a refund. Credits will remain on your account for one year, at which time you will receive a refund for any amount over \$25.
- **4.** Three days notice prior to class start date required on all requests for refunds or transfers.
- 5. No refunds will be given after one-half of program is over.
- No refunds/transfers will be given for one-day workshops or classes once completed no exceptions.
- **7.** Some programs have specific refund policies. Please check prior to registration.

### **SPECIAL NEEDS**

- 1. People with special needs are encouraged to participate in any program.
- 2. If you have needs requiring special services, indicate this on registration form. For TDD users, call 1-800-833-6388; Telebraille, 1-800-833-6385; and Voice, 1-800-833-6384. This service is provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

### ACCESS TO RECREATION/SCHOLARSHIPS

Kent Parks, Recreation and Community Services is dedicated to enriching lives. A goal within that mission is to ensure that every pre-school child and school-age youth residing within the City of Kent or Kent School District has full access to a wide variety of recreational opportunities regardless of family income or ability to pay.

Applications for assistance are available at the Kent Commons. Residency and other restrictions apply—please call **(253) 856-5000** for more information.